NEWSLETTER

SEEMA DENTAL COLLEGE AND HOSPITAL, RISHIKESH

(Only NAAC accredited dental college of the state)



Spring Issue •
Jan–Apr 2026





NEWSLETTER

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PUBLICATIONS

Name of the Faculty	Achievements
CONSERVATIVE DENTISTRY & ENDODONTICS	
 **DR. SEEMA DIXIT**	1. Composite restoration using stamp technique in posterior teeth: A case series — Guident, Vol. 19(2), (January 2026) 2. Comparative evaluation of apical microleakage of endodontic sealers using scanning electron microscopy: An ex vivo study — Journal of Chemical Health Risks (JCHR), (January 2026) 3. Amniotic membrane versus platelet rich fibrin for the treatment of gingival recession using the vestibular incision supraperiosteal tunnel access technique: A randomised controlled clinical trial — Cureus, (February 2026) 4. Surface roughness of enamel and Cention N after toothpaste brushing: An ex vivo study — Bioinformation, (March 2026)
 **DR. ANSHDEEP SINGH**	1. Comparative evaluation of apical microleakage of endodontic sealers using scanning electron microscopy: An ex vivo study — Journal of Chemical Health Risks (JCHR), (January 2026) 2. Surface roughness of enamel and Cention N after toothpaste brushing: An ex vivo study — Bioinformation, (March 2026) 3. Vital bleaching as a conservative approach for management of tooth discolouration: A case series — Guident, (April 2026)
 **DR. PULKIT GUPTA**	1. Comparative evaluation of apical microleakage of endodontic sealers using scanning electron microscopy: An ex vivo study — Journal of Chemical Health Risks (JCHR), (January 2026) 2. Surface roughness of enamel and Cention N after toothpaste brushing: An ex vivo study — Bioinformation, (March 2026)

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CONSERVATIVE DENTISTRY & ENDODONTICS	
 DR. PRIYA PUNDIR	1. Surface roughness of enamel and Cention N after toothpaste brushing: An ex vivo study — Bioinformation, (March 2026)
 DR. ARPIT ARORA	1. Surface roughness of enamel and Cention N after toothpaste brushing: An ex vivo study — Bioinformation, (March 2026)
 DR. AKANSHA BHATT	1. Comparative evaluation of apical microleakage of endodontic sealers using scanning electron microscopy: An ex vivo study — Journal of Chemical Health Risks (JCHR), (January 2026)

PUBLICATIONS

Name of the Faculty	Achievements
ORAL MEDICINE & RADIOLOGY	
 DR. RANJEETA MEHTA	1. Antimicrobial and antifungal efficacy of Cassia fistula extracts incorporated in heat-cured acrylic resin: An in vitro study — International Journal of recent innovations in medicine and clinical research (January 2026)
 DR. NAZISH AKHTAR	1. TMJ Imaging in orthodontic patients presenting with facial pain and malocclusion: A radiographical-clinical correlation study — Bioinformation, (February 2026) 2. Prevalence of hypertension among the dental college patient population —
 DR. RACHANA NEGI	1. TMJ Imaging in orthodontic patients presenting with facial pain and malocclusion: A radiographical-clinical correlation study — Bioinformation, (February 2026) 2. Prevalence of hypertension among the dental college patient population — (February 2026)

PUBLICATIONS

Name of the Faculty	Achievements
PROSTHODONTICS AND CROWN & BRIDGE	
 **DR. VARUN KUMAR**	1. Non-surgical rehabilitation of maxillary ridge prominence and limited mandibular dentition: A flangeless and Cu-sil denture approach — International journal of oral health dentistry (March 2026) 2. Digitalisation in dentistry — Journal of scientific advances in dentistry (April 2026) 3. Esthetic rehabilitation of radiation-induced xerostomia using a cheek plumper-integrated salivary reservoir denture: A case report — International Journal of oral Health Dentistry (March 2026) 4. Decompression and enucleation of a maxillary radicular cyst, followed by bone regeneration, and implant-supported rehabilitation of the maxillary anterior region — Guident (March 2026) 5. A comparative study to evaluate the variations in oral microbiota associated with depression among the geriatric population of Uttarakhand: An in vivo study — International journal of oral health dentistry (January 2026) 6. Reclaiming the smile: Digital prosthetic management of a malpositioned anterior maxillary implant — International journal of oral health dentistry (January 2026) 7. Stem Cells in Dentistry: Innovations Shaping the Future — Guident, 2026 8. Antimicrobial and antifungal efficacy of Cassia fistula extracts incorporated in heat-cured acrylic resin: An in vitro study — International Journal of recent innovations in medicine and clinical research, (January 2026) 9. Green Prosthodontics — Global Journal of Prosthodontics Synergy (Editorial), (April 2026) 10. Geriatric Care in Dentistry: Restoring Function, Dignity, and Quality of Life — A Journal of Clinical Dentistry (Editorial), (April 2026) 11. Anterior smile designing utilizing implant-supported Computer-Aided Design/Computer-Aided Manufacturing (CAD/CAM) zirconia restorations: A case study — International journal of drug delivery technology (2026) 12. Staged triumph over attrition: Full-mouth prosthetic reconstruction using sequential hemi-arch approach and hybrid occlusal strategies — A case report — Journal of orofacial and health sciences (April 2026)

PUBLICATIONS

Name of the Faculty	Achievements
PROSTHODONTICS AND CROWN & BRIDGE	
 DR. JYOTSNA SETH	1. Non-surgical rehabilitation of maxillary ridge prominence and limited mandibular dentition: A flangeless and Cu-sil denture approach — International journal of Oral Health Dentistry (March 2026) 2. A comparative study to evaluate the variations in oral microbiota associated with depression among the geriatric population of Uttarakhand: An in vivo study, International journal of Oral Health Dentistry (January 2026) 3. Prosthodontic Device — Patent (April, 2026) 4. Anterior smile designing utilizing implant-supported Computer-Aided Design/Computer-Aided Manufacturing (CAD/CAM) zirconia restorations: A case study, International journal of drug delivery technology (2026) 5. Antimicrobial and antifungal efficacy of Cassia fistula extracts incorporated in heat-cured acrylic resin: An in vitro study — International Journal of recent innovations in medicine and clinical research, (January 2026) 6. Assessing residual alveolar width prior to dental implant placement — International Journal of Drug Delivery Technology (April, 2026)
 DR. NISHA CHAUDHARY	1. Esthetic evaluation of immediate implants in the maxillary anterior region — 2026 2. Sleep-Apnea Pediatric Oral Appliance with Maxillofacial Stabilizers — Patent (,2026)
 DR. UTTKARSH BHATT	1. Esthetic rehabilitation of radiation-induced xerostomia using a cheek plumper-integrated salivary reservoir denture: A case report — International Journal of oral Health Dentistry (March 2026)

PUBLICATIONS

Name of the Faculty	Achievements
PROSTHODONTICS AND CROWN & BRIDGE	
 DR. GEETA ARYA	1. Decompression and enucleation of a maxillary radicular cyst, followed by bone regeneration, and implant-supported rehabilitation of the maxillary anterior region — Guident, (March 2026) 2. Stem Cells in Dentistry: Innovations Shaping the Future — Guident, (January 2026) 3. Staged triumph over attrition: Full-mouth prosthetic reconstruction using sequential hemi-arch approach and hybrid occlusal strategies — A case report — Journal of orofacial and health sciences (April 2026) 4. Antimicrobial and antifungal efficacy of Cassia fistula extracts incorporated in heat-cured acrylic resin: An in vitro study — International Journal of recent innovations in medicine and clinical research, (January 2026)
PERIODONTOLOGY	
 DR. ABHISHEK GAUR	1. Speech intelligibility outcomes in maxillectomy patients rehabilitated with obturator prostheses: A prospective study — Bioinformation (March 2026) 2. Morphodynamic Dome for a Dental Implant Abutment - Patent (March, 2026) 3. Protective Tool Sleeve for Endo-surgical Instruments - Patent (February, 2026)
 DR. ADITYA SHARMA	1. Functional and aesthetic rehabilitation of an endodontically treated tooth using a custom cast post and core — Cureus (January 2026)

PUBLICATIONS

Name of the Faculty	Achievements
PEDIATRIC & PREVENTIVE DENTISTRY	
 DR. KALPNA CHAUDHRY	1. Comparative antibacterial efficacy of a commercially available herbal mouthwash and chlorhexidine mouthwash against Aggregatibacter actinomycetemcomitans: an in vitro study. International Journal of Contemporary Pediatrics, 13(3), 405–409 2. Comparison of antibacterial efficacy of a non-herbal toothpaste with the polyherbal preparation on the growth of Aggregatibacter actinomycetemcomitans: an in vitro study. International Journal of Contemporary Pediatrics, 13(3), 486–490. 3. Evaluation of antimicrobial efficacy of an herbal preparation vs triple antibiotic paste against E. faecalis: an in vitro study. International Journal of Contemporary Pediatrics, 13(3), 449–454.
 DR. NITIN KHANDURI	1. Comparative antibacterial efficacy of a commercially available herbal mouthwash and chlorhexidine mouthwash against Aggregatibacter actinomycetemcomitans: an in vitro study. *International Journal of Contemporary Pediatrics*, *13*(3), 405–409 2. Evaluation of antimicrobial efficacy of an herbal preparation vs triple antibiotic paste against E. faecalis: an in vitro study. International Journal of Contemporary Pediatrics, 13(3), 449–454.
 DR. ADITI SINGH	1. Comparison of antibacterial efficacy of a non-herbal toothpaste with the polyherbal preparation on the growth of Aggregatibacter actinomycetemcomitans: an in vitro study. International Journal of Contemporary Pediatrics, 13(3), 486–490.

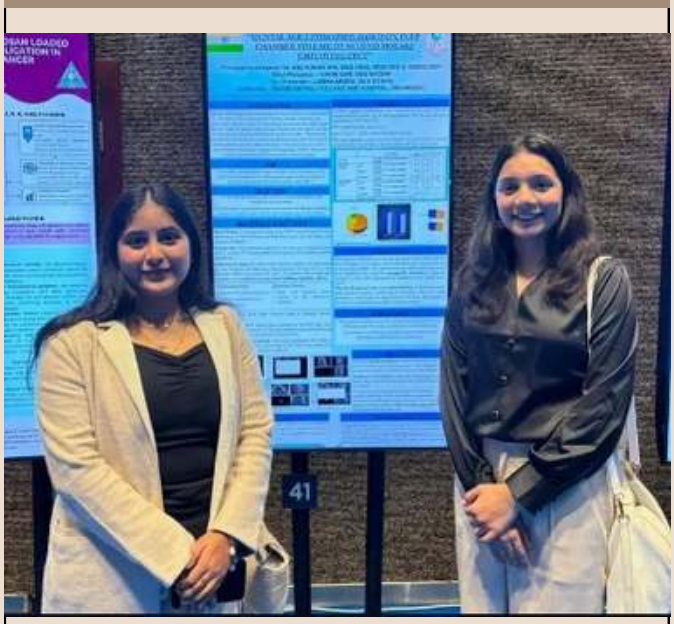


GLOBAL RECOGNITION AT AEEDC DUBAI: SDCH STUDENTS SHINE ON AN INTERNATIONAL STAGE



Seema Dental College & Hospital, Rishikesh proudly celebrates the remarkable achievement of Dr. Lamha Arora and Dr. Sarin Sam (BDS Batch 2020), who have brought laurels to the institution through their outstanding academic excellence.





In recognition of their all-round performance, they were awarded a fully sponsored opportunity covering registration, travel, and accommodation to attend the prestigious AEEDC Dubai (19–21 January 2026), held at the Dubai World Trade Centre.

Representing the institution on an international platform, they presented their innovation poster, marking a significant milestone in their academic journey and exemplifying the global standards of excellence fostered at SDCH.

At SDCH, we don't just educate — we give wings to dreams.

STUDENT EXCHANGE PROGRAMME

DEPARTMENT OF ORTHODONTICS



The department of Orthodontics organized a student exchange initiative aimed at fostering academic collaboration, enhancing clinical exposure, and encouraging peer learning among postgraduate students from various institutions.

A total of sixteen postgraduate students from Ahmedabad Dental College and Bharati Vidyapeeth Dental College visited the Department of Orthodontics as part of the exchange programme, from 13 to 16 April.

THE VISITING POSTGRADUATE STUDENTS:

Ahmedabad Dental College and Hospital

1. **Dr. Ayushi Arora**
2. **Dr. Aishani Patel**
3. **Dr. Darshi Patel**
4. **Dr. Dhruvi Mehta**
5. **Dr. Drashti Raiyani**
6. **Dr. Harvi Thakar**
7. **Dr. Kanchan Satpute**
8. **Dr. karishma Kathekar**
9. **Dr. Mital Solanki**
10. **Dr. Shelivi Vacchani**

Bharati Vidyapeeth Dental College and Hospital

1. **Dr. Abha Joshi**
2. **Dr. Aishwarya Joshi**
3. **Dr. Gayatri Bankar**
4. **Dr. Jasmin Kaur**
5. **Dr. Ketaki Chute**
6. **Dr. Vishakha Joshi**



During their 3 days visit, the students were introduced to the department's infrastructure, clinical work, and academic activities. They took part in discussions, observed ongoing cases, and were given some hands-on training, which helped them better understand orthodontic concepts and day-to-day practice.



THE STUDENTS WERE ENGAGED IN-

- **Clinical observations in the outpatient and treatment areas, complemented by hands-on training**
- **Case discussions and treatment planning sessions**
- **Exposure to advanced orthodontic appliances and materials**
- **Interactive sessions with faculty and postgraduate students**



The exchange programme proved to be a valuable platform for academic interaction, knowledge sharing, and building professional relationships.





Outgoing Student Exchange

DEPARTMENT OF ORTHODONTICS

Postgraduate graduate students from Seema Dental college and Hospital participated in student exchange programme to gain wider clinical exposure, share knowledge and learn from diverse clinical practices.







EXCHANGE VISITS

Saveetha Dental College, Chennai
27th- 31st January

Vishnu Dental College, Bhimavaram
9th - 10th February

PROGRAMME HIGHLIGHTS

- Interactive academic sessions
- Hands- on training
- Clinical learning experience
- Case discussions and treatment planning
- Exposure to advanced appliances and materials

POST GRADUATE STUDENTS:

Saveetha Dental College	Vishnu Dental College
1)Dr. Arooshi Tyagi	1)Dr. Asmita Srivastava
2)Dr.Ishani Sethi	2)Dr.Harshmeer Nagra
3)Dr.Kanika Vats	3)Dr. Nandini Ahluwalia
4)Dr.Sai Ram Ganesh	4)Dr. Saiyam Gogia
5)Dr. Shagun Singh	5)Dr. Shraddha Jain
6)Dr. Asmita Srivastava	
7)Dr.Harshmeer Nagra	
8)Dr. Nandini Ahluwalia	
9)Dr. Saiyam Gogia	
10)Dr. Shraddha Jain	

Outgoing

Faculty/Student Exchange

DEPARTMENT OF PEDIATRIC & PREVENTIVE DENTISTRY



Faculty and students of the Department of Pediatric and Preventive Dentistry embarked on an enriching academic journey beyond their home campus for the 2nd International Conference on Dental Sedation and Anaesthesia hosted by Saveetha Dental College in Chennai in collaboration with the South Asian Association of Pediatric Dentistry (SAAPD).





Immersed in new learning environments, they gained valuable clinical exposure, fresh perspectives, and strengthened collaborative ties.

From Rishikesh to Chennai, this exchange went beyond academics—reflecting a shared commitment to advancing pediatric oral healthcare.







iTero
Lumina Pro
LAUNCH

A Step Towards Digital Excellence

The iTero Intraoral Scanner was inaugurated in the ***Department of Orthodontics***, marking an important milestone in our journey towards digital dentistry, precision, and enhanced patient care. The initiative reflects the institution's commitment to integrating innovative technologies into clinical practice and student learning.



SYSTEM HIGHLIGHTS

ACCURATE DIGITAL IMPRESSIONS
High precision 3D scanning for predictable and reliable outcomes.

IMPROVED PATIENT COMFORT
No messy impressions - a fast, comfortable and pleasant experience.

ENHANCED TREATMENT PLANNING
Real-time 3D visualization for better diagnosis and communication.

EFFICIENT DIGITAL WORKFLOW
Seamless digital process that saves time and improves productivity.





The iTero Intraoral Scanner represents our commitment to embracing innovation and providing the best learning experience for our students and the best care for our patients.

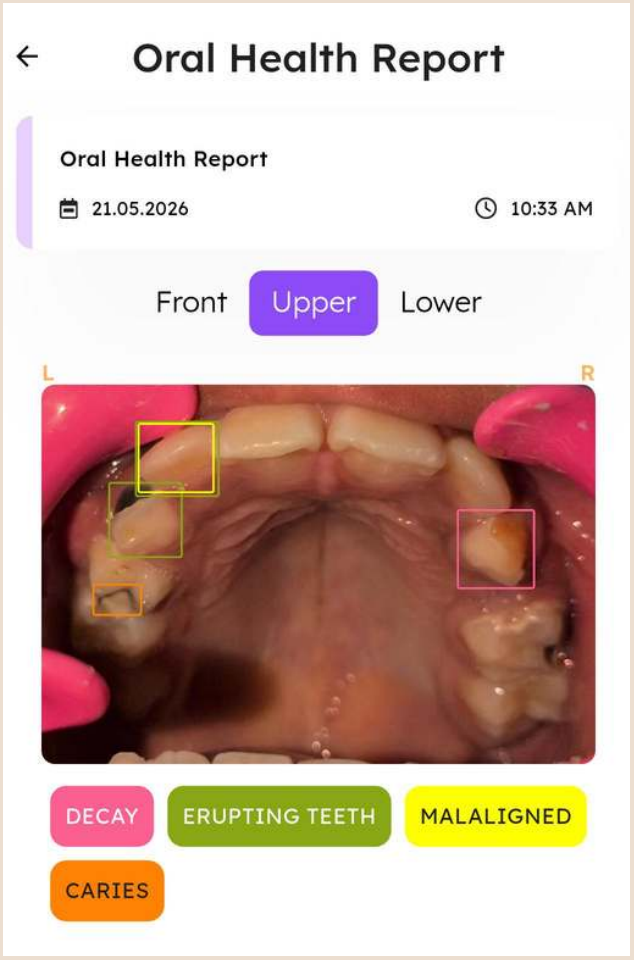
ScanO: *Revolutionizing Dentistry, One Scan at a Time*

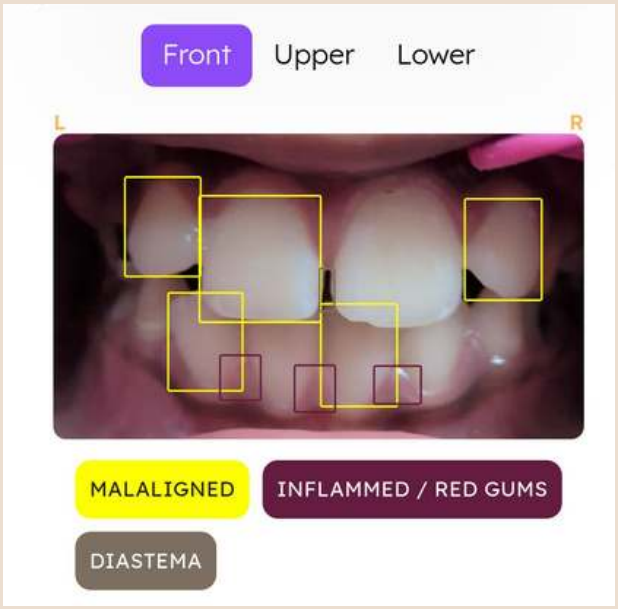
The introduction of ScanO marks a pioneering milestone in modern dental education and digital dentistry. Our college proudly stands among the first institutions to adopt this innovative technology, reflecting a strong commitment to advancement and excellence.

By integrating ScanO into clinical training, students gain valuable exposure to real-world digital workflows and modern treatment planning. Beyond academics, the technology enhances precision, efficiency, and patient communication—bridging the gap between learning and contemporary clinical practice.

ScanO is not just a technological upgrade; it is a step toward the future of dentistry.







INTERNATIONAL COLLEGE OF DENTISTS

Mrs. Seema Gupta Memorial Award

Awarded to

Miss Roshini Ranjan





It is a moment of immense pride for the Seema Dental College & Hospital family as we celebrate the stellar academic achievement of Ms. ROSHINI RANJAN from the BDS Batch of 2021.

On March 1, 2026, at Guru Gobind Singh Indraprastha University in Dwarka, New Delhi, Roshini was honored with the prestigious International College of Dentists' Mrs. Seema Gupta Award. This distinction is awarded to the student securing the highest aggregate marks in the Final Year BDS.The ceremony was held in the presence of the esteemed Chief Guest, Padma Shri Prof. (Dr.) Digamber Behera. Roshini's success is a testament to her hard work, perseverance, and the rigorous academic culture fostered at our institution. Her accomplishment not only highlights her individual brilliance but also brings great honor to our college community.

We congratulate her on this well-deserved recognition and look forward to seeing her continue to shine in the world of dentistry.

BEST INNOVATION PRODUCT AWARD

Presented to

Miss Nancy Bansal and Mr Aniket Gupta







On National Science Day 2026, Team Seema Dental College showcased its creative excellence at Pragati Path 2047 - #ViksitBharat, hosted by Sardar Bhagwan Singh University. Representing our Institution Innovation Council (IIC), faculty and students presented cutting-edge healthcare solutions and participated in a Shark Tank-style pitching event.

A major highlight was the Best Innovation Product (Student Category) award, featuring a cash prize of 11,000/-, won by Ms. Nancy Bansal and Mr. Aniket Gupta for their project, Orascreen, guided by Dr. S. Prasanna. Other notable innovations included Lumnident (Dr. Ranjeeta Mehta, Dr. Yash Bhandari, and Dr. Aditi Prakash) and ADi-Mentor (Dr. Jyotsna Seth and Dr. Aditi Singh).

From validation to funding exposure, we are committed to fostering entrepreneurship and shaping the future innovators of a Viksit Bharat.

5th VigyanSancharak samman 2026

Presented to

Dr. Jyotsna Seth





SPICES

Dr. Jyotsana Seth

Fifth Vigyan Sancharak Samman–2026 (State)

या सन्मानविण्याचा उपक्रम विज्ञानविषयी जिज्ञासा निर्माण करणाऱ्या कार्यकर्त्यांना व विज्ञानप्रसाराच्या चळवळीत उल्लेखनीय काम करणाऱ्या व्यक्तींना गौरविण्यासाठी आहे । विज्ञानविषयक माहितीत जनजागृती करणे, संशोधनाचे लोकाभिमुखीकरण करणे व समाजात वैज्ञानिक दृष्टिकोन (Scientific temper) विकसित करण्याच्या प्रयत्नांसाठी साठी । तुमच्या उत्तम निबंध लेखन, लोकप्रिय विज्ञान लेखमालिका आणि युवकांपर्यंत विज्ञान पोहोचवण्याच्या कार्यामुळे समाजात सकारात्मक बदल घडवून आणण्यासाठी तुम्ही मोलाचे योगदान दिले आहे.

This women, who alligns the disseminator of science through the excellent figure of science, who immerce in social life in the commintment to awareness science while constantly devoted to this welfare. your key role is endorsed with compensation, valorotum, and unwavering admiration, an role that illuminates the dignity of the nation. In vol.'s Johnson is at such heights and permatere at the summit's of their urgearious occasion of the Fifth Vigyan Sancharak Samman–2026, this honor is conferred in recognition of her outstanding contributions to society through science and in obedience of his thriving and excellence of wisdom and vision.No;rivateed out la perverscy Seth, the women'sved honor carry respos and duty Hs balance, who adreav ahers that her glory continuous to vine lale the future that the someln as an enabling pasuce of inspiration for society.

Mona Bali
President
AISECT MIJ
Fifth Vigyan Sancharak Samman–2026

SCI COMMUNICATION DIVISION
Dept. of Science & Technology
Government of India

We are proud to share that Dr. Jyotsna Seth has been honored with the 5th Vigyan Sancharak Samman 2026 on 14th February 2026, on the occasion of the International Day of Women and Girls in Science (11th February 2026).

This prestigious recognition was conferred by the Society of Pollution and Environmental Conservation Scientists (SPECS), celebrating her valuable contribution to science communication and dedication to advancing scientific awareness.

Her achievement brings immense pride to the entire Seema Dental College & Hospital family. We congratulate Dr. Jyotsna Seth on this remarkable accomplishment and wish her continued success in inspiring future generations



CONGRATULATIONS

Dr. R. Muthunagai







Dr. R. Muthunagai, Professor in the Department of Oral & Maxillofacial Surgery, has successfully completed her Fellowship in Facial Aesthetics and Cosmetology (FFAC). This prestigious credential was conferred by ILACAD, in affiliation with the Cambridge International School (UK), during a ceremony held in Bangalore on February 19, 2026.

The fellowship focuses on the delicate intersection of scientific expertise and artistic precision, covering advanced procedures such as facial rejuvenation, skin enhancement, and minimally invasive cosmetic treatments. Dr. Muthunagai's achievement underscores her commitment to professional excellence and continuous growth. Her specialized skills in facial aesthetics will significantly enhance the clinical care and academic mentorship provided at our institution, ensuring our students and patients benefit from the latest advancements in aesthetic surgery.

ALUMNI MILESTONE

Glory in the Uniform: A Proud Alumni Milestone

We are thrilled to celebrate the stellar achievements of our esteemed alumnus, Maj. Dr. Ankit Gupta, whose pursuit of excellence has brought immense laurels to his alma mater.

In a remarkable display of academic and professional brilliance, Maj. Dr. Gupta has been awarded the Gold Medal at AFMC for securing the highest marks in the Advanced Spl Course (Grading). His streak of excellence continues with the prestigious Delhi University Gold Medal, earned for achieving the highest marks across all medical and dental colleges in the MDS (Periodontology & Oral Implantology) examination.

These accolades are a testament to his unwavering dedication and serve as a beacon of inspiration for every student at Seema Dental College & Hospital.





Congratulations

To Dr. Rachna Rawat



The Seema Dental College & Hospital family is beaming with pride as our alumna, Dr. Rachna Rawat (BDS Batch 2020), proves that excellence at SDCH goes far beyond the clinical setting. At the prestigious Femina Miss India Uttarakhand 2026 pageant, Dr. Rachna added a brilliant new feather to our crown by winning the coveted subtitle, "Miss Glowing Skin."

Her success is a vibrant testament to the "all-round development" celebrating a perfect blend of academic discipline, confidence, and grace.The entire Seema Dental family extends its heartiest congratulations to her for this stellar recognition—keep shining!

CDE Programs

Department of Prosthodontics



To celebrate World Health Day on April 7, 2026, the Department of Prosthodontics & Crown and Bridge, in collaboration with Impact Implant System, conducted a specialized workshop on "Zygomatic and Pterygoid Implants."

Led by renowned Oral Surgeon Dr. Pranshu Singh, the session provided faculty, postgraduates, and interns with hands-on experience in advanced, evidence-based protocols.

Focusing on the philosophy that oral health is vital to holistic well-being, the workshop explored life-changing solutions for patients with severe bone loss. These complex implant techniques offer renewed function and confidence where traditional methods may fall short.

By embracing such innovative surgical milestones, Seema Dental College reaffirms its commitment to clinical excellence and its dedication to restoring smiles and improving the quality of life for the community.





Department of Periodontics



The highlight of the event was a focus on Mucograft, demonstrating how bio-inspired materials can achieve superior aesthetic results while reducing patient discomfort.

The program concluded with a live surgical demonstration of a root coverage procedure, providing participants with invaluable clinical precision and practical insights.



On April 9, 2026, the Department of Periodontology, in association with Geistlich India, hosted a high-impact CDE program:
"From Recession to Regeneration: Periodontal Plastic Surgery with Mucograft."

Led by Dr. Pareedhi Arora, the session bridged the gap between traditional surgery and modern regenerative science, focusing on advanced tissue augmentation for gingival recession and dental implants.



ENTERPRENEURSHIP PROGRAM

Dentistry isn't just a career it's purpose in action.Curated by the Institution's Innovation Council (IIC-SDCH) in collaboration with the TIDES Business Incubator, IIT Roorkee, and supported by the MSME Department, Uttarakhand, the session pushed our undergraduate minds to look "beyond the chair." The message was clear: in an evolving healthcare landscape, we shouldn't just be job seekers—we have the potential to be job creators.









Scientific Lecture & Workshop

The Department of Oral Medicine & Radiology conducted a scientific lecture and workshop, **"From Scan to Stability: 3D Precision in Zygomatic & Pterygoid Implant Planning"** by Dr. Nithin Thomas on 20th April 2026. The session provided valuable insights into advanced implant planning techniques, digital precision, and modern approaches in zygomatic and pterygoid implantology, enriching the faculty and students' academic and clinical exposure.







Excellence at the National IAOMR UG Convention









The Department of Oral Medicine & Radiology, Seema Dental College & Hospital, proudly participated in the offline National IAOMR UG Convention held at DIRDS, with the enthusiastic involvement of dedicated interns, undergraduate students, and faculty members.

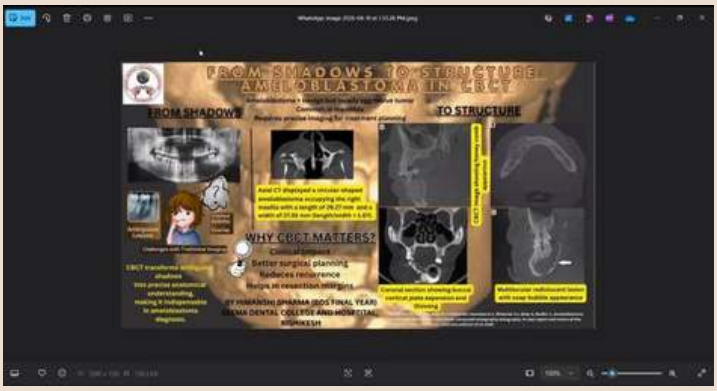
A total of 36 students and 5 faculty members represented the department, demonstrating exceptional academic enthusiasm and a strong spirit of participation. The department made an impressive academic contribution with 9 paper presentations and 12 poster presentations during the scientific sessions, reflecting the commitment of its students and faculty towards scholarly excellence.

Bringing immense pride to the institution, the department secured an outstanding achievement with 9 Best Presentation Awards across various categories. In the faculty category, Dr. Shivani Kapurwan was honoured with the Best Poster Presentation Award, marking a significant accomplishment for the department.

Among the student achievers, interns Roshni Ranjan, Divya Singh, Shruti Bisht, and Ritisha Rawat, along with undergraduate students Abhijeet Roy, Bhumika Sharma, Urvi Goel, Amrit, Akshita, and Satakshi, were recognized for their exceptional Best Paper Presentations.

In the poster presentation category, Akansha Thapa, Himani Godiyal, Kashish Rajput, Shreya Shahi, Manish Thapa, Harshita Saxena, Ankur, and Deepti received accolades for their commendable performances and Best Poster Presentations.

A true reflection of dedication, teamwork, participation, and academic excellence







OUTREACH PROGRAMME

We, at Seema Dental College conducted 391 outreach camps across various locations, promoting oral health awareness and providing accessible dental care services to 7928 patients

OUT OF THE 391 CAMPS



368 SATELLITE CAMPS



SPECIAL CAMPS 16



5 SCHOOL CAMPS



DISTRICT JAIL CAMPS 2





JALTARANG 2026



Guiding Lights



Dr. TARUN SHARMA
SOCIO-CULTURAL HEAD



Dr. KALPANA CHAUDHARY
CONVENER
CULTURAL COMMITTEE



Dr. NIDHI MEHROTRA
CONVENER
SPORTS COMMITTEE



Dr. MUDIT AGARWAL
CONVENER
SPORTS COMMITTEE



DR. DEEPSHIKHA SINGH
ORGANISING SECRETARY
CULTURALS COMMITTEE



DR. GEETA ARYA
ORGANISING SECRETARY
SPORTS COMMITTEE



DR. RANJEETA MEHTA
TREASURER
SPORTS COMMITTEE

Lit by creativity











The stunning handmade decorations displayed across the campus beautifully reflected the creativity, dedication, and teamwork of our Decor Committee students. We extend our sincere gratitude to our respected Chairman Sir and college management for their constant support and encouragement. We also appreciate the efforts of the Cultural Committee and every student whose hard work and artistic vision added charm and vibrance to the celebrations.


कला
Corner




JAI
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2026

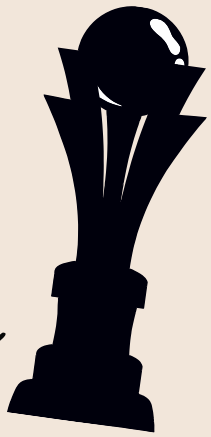





WELCOME



Introducing Seema Football Club



THE FIRST SERVE: AUCTION DAY

Seema Dental College marked a proud milestone with the inaugural Seema Football Club and it all began with a thrilling Auction Day.

Four teams –Seema Dominators, Seema United, Seema Strikers, and Seema Conqueror were assembled through a spirited bidding process backed by contributions from management, faculty, and students alike. Each team was granted 250 points, levelling the playing field from the very start. Players were put up one by one, and teams bid strategically to build their perfect squad.

More than just a sporting event, this championship is a tradition in the making born from the collective spirit of every member of Seema Dental College.

Let the beautiful game begin.



SEASON 1
Winners



SEEMA UNITED

SEEMA PREMIERE LEAGUE

SEASON 2

THE RETURN

Seema Dental College raises the bar as the much-loved Seema Cricket Championship returns for an electrifying Season 2. And once again, it all began with a high-stakes Auction Day.

Four powerhouse franchises — Seema Royal Challengers, Seema Super Kings, Seema Knight Riders, and Seema Titans — were rebuilt and recharged through a fierce bidding battle, backed by contributions from management, faculty, and students. Each team entered the auction armed with 300 points, strategically placing bids to assemble a squad capable of going all the way.

Bigger rivalries, stronger squads, and even greater passion — Season 2 is not just a championship, it is a statement.

The battle for glory begins now.



Season 2
WINNERS



Seema Titans

SPORTS FEST

The sports events showcased teamwork, coordination and true sportsmanship across all competitions.



Cricket



Football



Kabbadi
(boys)



Shot Put



Basketball



Tug of War



Throwball



Table Tennis



Table Tennis



Carrom



Badminton



Volleyball



Kabbadi



3 Leg Race



Pick n Run Race



Sac Race



Relay Race

THE SDCH CULTURAL FIESTA



Faculty Fashionshow

AS THE EVENINGS CAME ALIVE WITH COLOUR, MUSIC, LAUGHTER, AND BOUNDLESS ENTHUSIASM, SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH WITNESSED A TRULY UNFORGETTABLE CELEBRATION OF TALENT AND CREATIVITY. WHAT BEGAN AS A SERIES OF CULTURAL COMPETITIONS SOON TRANSFORMED INTO A VIBRANT SHOWCASE OF PASSION, ARTISTIC BRILLIANCE, AND YOUTHFUL ENERGY, WHERE STUDENTS FROM BDS 1ST YEAR TO 4TH YEAR, ALONG WITH OUR DEDICATED INTERNS, CAME TOGETHER TO CREATE MEMORIES THAT WILL BE CHERISHED FOR YEARS TO COME.

EACH EVENING UNFOLDED LIKE A STORY OF EXPRESSION AND EXCELLENCE. THE ARTISTIC ARENAS BLOOMED WITH IMAGINATION AS PARTICIPANTS MESMERIZED EVERYONE THROUGH STUNNING CANVAS PAINTINGS, INTRICATE FACE PAINTING, ELEGANT MEHNDI DESIGNS, AND BEAUTIFULLY CRAFTED RANGOLI CREATIONS.



Faculty Antakshari



Cooking Competition



HARMONIOUS GROUP MELODIES, ELECTRIFYING SOLO, DUET, AND GROUP DANCE PERFORMANCES, ENGAGING SKITS, AND DAZZLING FASHION SHOW PRESENTATIONS.
ADDING TO THE CHARM OF THESE EVENINGS, THE FACULTY MEMBERS LIT UP THE STAGE WITH THEIR GRACEFUL AND SPIRITED FASHION SHOW, LEAVING THE AUDIENCE IN AWE AND ADMIRATION. THE LIVELY ROUNDS OF ANTAKSHARI BROUGHT TOGETHER VOICES AND LAUGHTER, CREATING MOMENTS OF JOY, BONDING, AND FRIENDLY COMPETITION THAT RESONATED THROUGHOUT THE CAMPUS.
WITH EVERY PERFORMANCE, OUR STUDENTS DISPLAYED NOT ONLY EXCEPTIONAL TALENT BUT ALSO CONFIDENCE, TEAMWORK, CREATIVITY, AND AN INDOMITABLE SPIRIT.





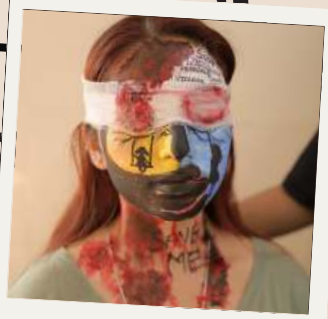
Group Singing



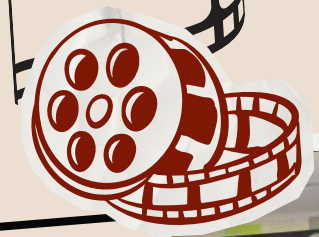
Group Dance


Canvas Painting


Mehandi Design Competition


Face Painting


Canvas Painting





Group Dance


Group Dance


Face Painting



THEIR REMARKABLE ACHIEVEMENTS, REFLECTED IN THE NUMEROUS PRIZES WON ACROSS THESE DIVERSE EVENTS, STAND AS A TESTAMENT TO THE VIBRANT ALL-ROUND EXCELLENCE NURTURED AT SEEMA DENTAL COLLEGE & HOSPITAL, RISHIKESH. THESE ENCHANTING EVENINGS WERE MORE THAN JUST COMPETITIONS—THEY WERE A CELEBRATION OF DREAMS, EXPRESSION, CAMARADERIE, AND THE EXTRAORDINARY SPIRIT OF OUR STUDENTS.

GROUP *dance*

BDS IV year



BDS III year



BDS II year



BDS I year



BDS INTERNS



ALUMNI MEET 2026

The Alumni Meet held on 1st April 2026 was a memorable occasion that brought together alumni from different graduating batches to reconnect with their alma mater. The event provided an excellent platform for former students to revisit cherished memories, interact with faculty members, and strengthen bonds with their juniors and peers. One of the major highlights of the gathering was an exciting cricket match organized between the alumni members, which added enthusiasm and team spirit to the celebration. The event was filled with nostalgia, laughter, and camaraderie, making it a truly special and successful reunion for everyone associated with the institution.







BEST STUDENT AWARD

presented to



The Smt. Seema Gupta Memorial Best Student Award was conferred upon Miss Roshini Ranjan for achieving the highest aggregate marks throughout all four years of the BDS program. Her exceptional academic performance, dedication, and perseverance were recognized with this prestigious honor, accompanied by a cash prize of ₹51,000 as a token of appreciation.

Best Teacher Award

Presented to

Dr. Prem Prakash Gupta



BEST TEACHER AWARD

DR. PREM PRAKASH GUPTA, PROFESSOR AND HEAD OF THE DEPARTMENT OF BIOCHEMISTRY AND PHYSIOLOGY AT SEEMA DENTAL COLLEGE AND HOSPITAL, WAS HONOURED WITH THE PRESTIGIOUS BEST TEACHER AWARD FOR HIS EXCEPTIONAL DEDICATION, INSPIRING TEACHING METHODS, AND REMARKABLE CONTRIBUTION TO ACADEMICS. THE AWARD WAS SELECTED BY THE STUDENTS OF SEEMA DENTAL COLLEGE, FROM FIRST YEAR TO FINAL YEAR, REFLECTING THE ADMIRATION AND RESPECT HE HAS EARNED AMONG HIS STUDENTS. AS A TOKEN OF APPRECIATION, THE MANAGEMENT ALSO PRESENTED HIM WITH A CASH PRIZE OF ₹50,000. THIS ACHIEVEMENT STANDS AS A TESTAMENT TO HIS COMMITMENT TOWARDS EDUCATION AND STUDENT MENTORSHIP.

Honouring the Pillars Behind the Scenes



🏆 Best Administrative Staff Award
Mr. Sushil Kumar — Cash Prize: ₹21,000

Every institution's success is built not only by its faculty and students, but also by the unwavering dedication of its non-teaching staff, whose tireless efforts ensure the smooth functioning of daily operations. On the joyous occasion of Founder's Day, Seema Dental College & Hospital proudly recognized and celebrated the invaluable contributions of its non-teaching staff through a special Non-Teaching Staff Awards Ceremony.



🏆 Best Supporting Staff Award
Mr. Maya Ram Semwal — Cash Prize: ₹5,100



🏆 Best Paramedical Staff Award
Mr. Sunil Kumar Uniyal — Cash Prize: ₹11,000

Our esteemed Founder, personally felicitated the awardees with certificates, mementos, and cash prizes in appreciation of their sincere service, commitment, and excellence in their respective roles. The presence of the awardees on this memorable occasion added warmth and pride to the celebration, making it a truly special moment for the entire SDCH family.



🏆 Best Supporting Staff Award
Mr. Amit Kumar — Cash Prize: ₹5,100

The ceremony was a heartfelt tribute to the individuals whose dedication, hard work, and sincerity often work quietly in the background yet play an essential role in the institution's everyday success.

This heartfelt initiative reflects the institution's culture of gratitude and recognition, acknowledging the silent yet significant contributions of those who work diligently behind the scenes. Their dedication continues to inspire excellence and strengthen the foundation of our institution.

Best Department

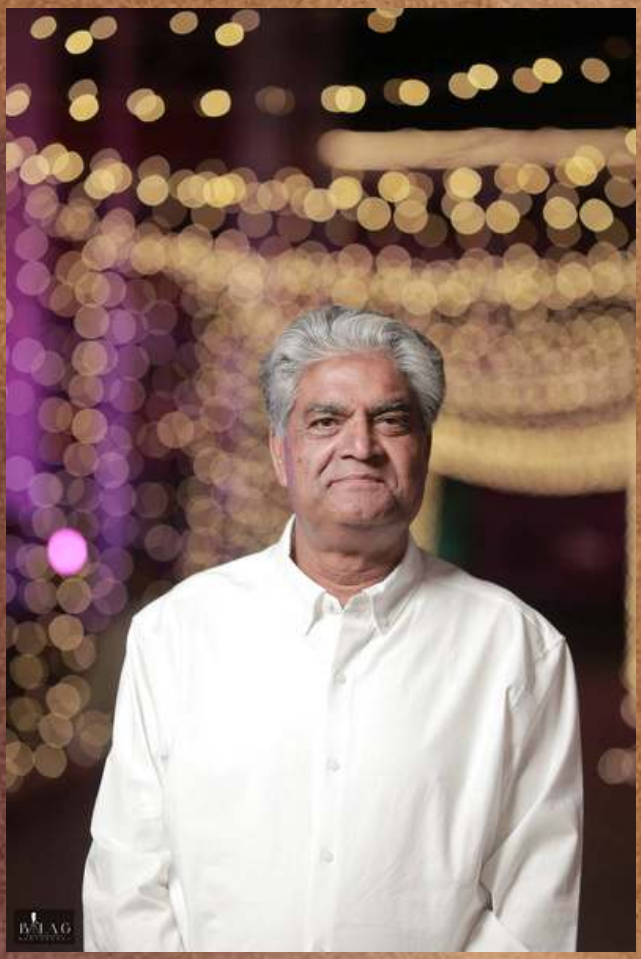


THE CONSERVATIVE DENTISTRY AND ENDODONTICS DEPARTMENT, LED BY DR. SEEMA DIKSHIT, HOD AND PROFESSOR, HAS BEEN HONORED AS THE BEST DEPARTMENT OF THE COLLEGE THIS YEAR. THIS PRESTIGIOUS RECOGNITION REFLECTS THE DEPARTMENT'S UNWAVERING COMMITMENT TO EXCELLENCE IN PATIENT CARE, ACADEMICS, AND CLINICAL PRACTICE. FACULTY AND POSTGRADUATE STUDENTS ALIKE HAVE CONTRIBUTED TIRELESSLY, ENSURING EVERY PATIENT RECEIVES THE HIGHEST STANDARD OF TREATMENT WHILE MAINTAINING RIGOROUS LEARNING AND RESEARCH STANDARDS. THE AWARD CELEBRATES THE DEPARTMENT'S DEDICATION, TEAMWORK, AND PROFESSIONALISM



FOUNDER'S DAY

Honoring Legacy. Shaping the Future.



Founder's Day is not just a date we remember— it is a presence we return to.
It marks the vision, resilience, and unwavering dedication of our respected founder, whose dream laid the foundation of Seema Dental College and Hospital. What began as an idea rooted in commitment has grown into an institution defined by discipline, learning, and purpose.

This institution was not built in a moment— it was shaped in silence, in effort, in years no one applauded.
And today, it stands not just as a college, but as a legacy that continues to move forward through every student who walks its corridors.



Seema Dental College represents more than academic excellence—it represents responsibility. With advanced laboratories, clinical exposure, and a structured academic environment, students are trained not only to understand but to apply. Learning here is not confined to textbooks; it is practiced, refined, and carried into real-world responsibility.The faculty, with their experience and guidance, do more than teach—they shape.

Beyond academics, the institution nurtures growth through research, extracurricular activities, and a culture that values discipline, curiosity, and collaboration.
Because here, education is not just delivered— *it is lived.*

The Legacy We Inherit



At the heart of the celebration stood the Academic Awards Ceremony.

Students who demonstrated consistency, discipline, and academic merit were honored with scholarships and prestigious awards. Each recognition represented sustained effort—the kind that often goes unnoticed until it finally speaks for itself.

The Cultural Fest Prize Distribution brought an added dimension to the celebration.

Competitions such as: Solo and Group Dance

Singing Performances

Fashion Show

created space for students to express themselves beyond academics.Each performance was a reminder that talent does not belong to one space—it finds its way wherever it is given a stage.

And on this day, that stage belonged to the students.

What made Founder's Day 2026 truly meaningful was the unity it created.

Students, faculty, and families came together—not just to celebrate achievements, but to acknowledge a shared journey.

It was not just an event. It was a reminder—

that growth is collective,and pride is shared.



DAYS CELEBRATED

ORAL PATHOLOGY DAY





The Department of Oral Pathology celebrated National Oral Pathology Day with two days of activities.A crossword competition was held on February 24th,with multiple student winners.

On February 25th, Dr. Ashi Chugh (AIIMS Rishikesh) delivered an inspiring webinar.

She emphasized the role of oral pathology in diagnosis and patient care.

The event highlighted its importance in dentistry.

PERIODONTIST DAY



Seema Dental College celebrated National Periodontist Day with various activities. The event began on February 21st with a community dental camp.Campus events on the 23rd included games and creative competitions.Top Bds final year students were awarded implant vouchers.The celebration ended with a cake cutting ceremony.It highlighted the importance of Periodontology and teamwork in dentistry.

PROSTHODONTIST DAY





Seema Dental College celebrated Prosthodontist Day with the theme "God creates, we recreate."
Various events like model-making, quizzes, and reel challenges were organized.
Winners were awarded cash prizes for their performances.
The event highlighted both skill and empathy in prosthodontics.
It concluded with a joyful gathering, emphasizing restoring smiles and confidence.

ORAL SURGERY DAY







Seema Dental College celebrated International Oral and Maxillofacial Surgery Day on February 13, 2026.
The event showcased surgical skills through competitions like Battle of Trays and Memory Power.
Ms. Shruti secured top position in Memory Power, followed by Dr. Kaustubh and Dr. Aditi Bisht.
Winners of Battle of Trays included Dr. Aditya Choubey, Dr. Isha Bajaj, and other student teams.
Cash prizes were awarded to winners across categories.
The event honored precision and excellence in oral surgery.
It concluded with a cake-cutting and prize distribution ceremony.

MARTYR'S DAY



On Martyrs' Day, Seema Dental College & Hospital hosted a legal awareness session by the Tehsil Legal Services Committee, Rishikesh.

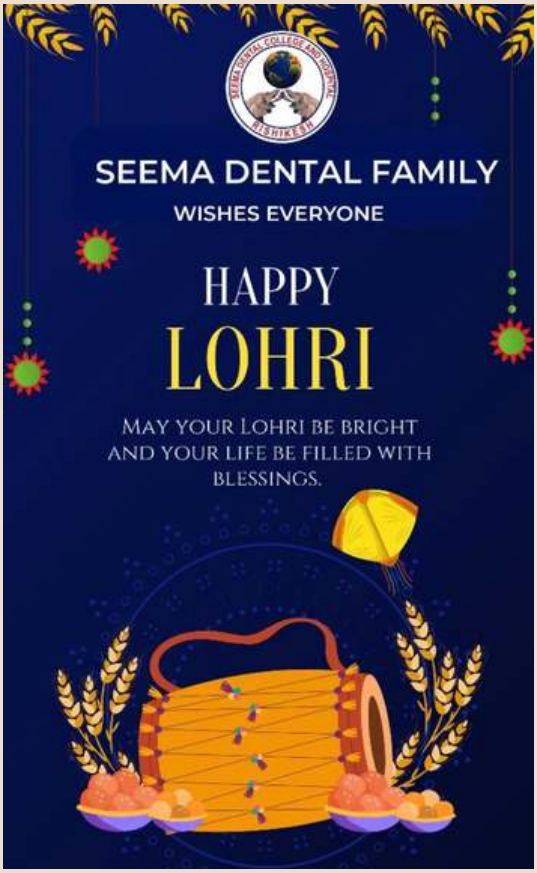
Mr. Abhishek Kumar Mishra, Upper Civil Judge, decoded free legal aid, Lok Adalats, POCSO & PNDT Acts-reminding future dentists why legal awareness matters for ethical practice, patient safety and accountability.

The session served as a vital reminder for our future dental surgeons that clinical expertise must go hand-in-hand with an understanding of the law.

Because being a great clinician requires more than just technical skill —it demands a sharp mind, a commitment to justice, and an unwavering ethical compass.

LOHRI CELEBRATION

Celebrating the spirit of tradition and togetherness, Seema Dental College and Hospital came alive with the vibrant festivities of Lohri. The campus echoed with the energetic beats of the dhol, cheerful laughter, and the warmth of the glowing bonfire as students and faculty gathered to celebrate the harvest festival with immense joy and enthusiasm. Dressed in festive spirits, everyone came together to cherish the cultural essence of the occasion and strengthen the bonds of the SDCH family.



As rewaries, popcorn, and peanuts were offered into the sacred flames, the celebration became a symbol of gratitude, prosperity, and new beginnings. More than just a festival, Lohri at SDCH reflected unity, happiness, and the spirit of togetherness, leaving behind beautiful memories and heartfelt wishes for a year filled with growth, success, and bright smiles.





Women's DAY at SDCH

On the occasion of International Women's Day, Seema Dental College & Hospital, Rishikesh, took a moment to reflect on the incredible legacy of the women who form the backbone of our institution. We proudly celebrated the dedication and unwavering service of our longest-serving women staff members, whose collective experience has enriched our campus for decades









We celebrated the remarkable milestones of Ms. Shoba Upreti (Chief Librarian, 22 years), Dr. Neelu Gupta (Pathology & Microbiology, 20 years), Prof. Dr. Jyotsana Seth (Prosthodontics, 14 years), and Mrs. Shobha Sharma (Housekeeping, 8 years).

Their years of commitment, experience, and mentorship continue to enrich our community, making our college an exceptional place to learn and work.

HAPPY REPUBLIC DAY



The campus of Seema Dental College and Hospital was transformed into a sea of saffron, white, and green as we gathered to celebrate the 77th Republic Day. More than just a formal ceremony, the event served as a poignant reminder of the democratic values that underpin our journey as healthcare professionals and citizens.

This celebration was a pledge to continue our pursuit of academic excellence and clinical integrity, ensuring that we contribute meaningfully to the nation's health. Here's to upholding the spirit of justice, liberty, and fraternity in every smile we restore and every life we touch.

Jai Hind!

गणतंत्र दिवस







FRESHER'S
2026



The "Lights, Camera, Fresher!" themed Freshers' Party 2026 at Seema Dental College and Hospital was a spectacular cinematic celebration, marking a vibrant welcome for our BDS Batch of 2026. The evening began with a touch of tradition as Dr. Varun Kumar (Prof. & Head, Prosthodontics) and Dr. Ranjeeta Mehta (Prof. & Head, OMDR) lit the ceremonial lamp, invoking the blessings of Maa Saraswati for the journey ahead. The campus buzzed with energy as students showcased incredible talent through soulful musical performances and high-octane dance routines, culminating in a lively DJ set and a delightful dinner.













EDITORIAL TEAM

The Editorial Team of Seema Dental College sincerely thanks everyone for their valuable contributions, support, and participation in making this newsletter possible. Your photos, ideas, and enthusiasm added life to every page. We truly appreciate your cooperation and look forward to creating many more wonderful editions together.



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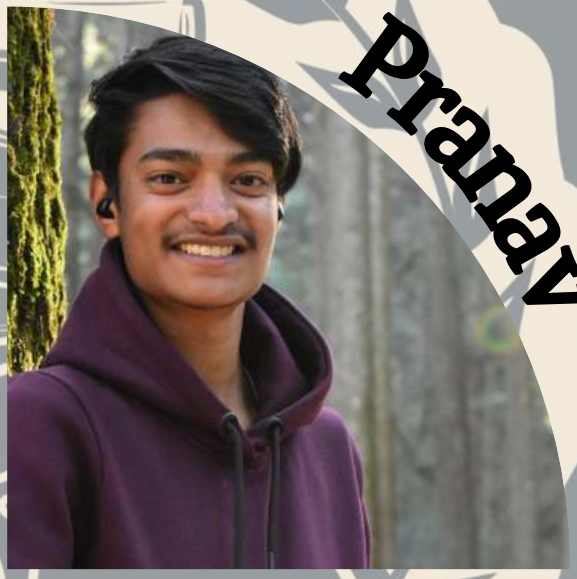
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