



Learning with a Difference

SEEMA DENTAL COLLEGE & HOSPITAL

(Only Dental College of the State to be NAAC Accredited)

Founder : **Dr. R. K. Gupta**

PROFILE & PROSPECTUS



Mrs. Seema Gupta

Ex-Chairperson

"crafting confident smiles, molding future dental leaders"



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Our aspirations soar high like the endless sky,
painting brighter futures.



About us

Mission

“Be the most preferred choice of students, faculty and patients. Be in the top 10 in both discipline of education and health sciences”.

Vision

“Global leadership in human development, excellence in education and healthcare”.

Values

“Integrity
Quality
Transparency
Team Work
Execution with Passion
Humane Touch”.

College Profile

Year of Inception	2003
Student Intake	100 Undergraduate Students & 24 Postgraduate Students
In Consultation with	Dental Council of India, Government of India, Ministry of Health and Family Welfare Vide their notification # V-12017/49/2001/-DE dated 25/06/2008.
Affiliation	Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun
Commencement of PG course	2011
Location	Virbhadra Road, PO- Pashulok Rishikesh-249203 Uttarakhand
Founder	Dr. R. K. Gupta
Chairman	Dr. Amit Gupta
Honourary Director	Mr. Ajay Garg
Principal	Dr. P. Narayana Prasad
Executive Director	Mr. Vivek Sang
Director	Dr. Aniruddh Guru Pratap Singh
Vice Principal	Dr. Anil Dhingra

Our hands work with precision, but our hearts work with compassion



Messages



Dr. R. K. Gupta
Founder

"A person who is morally educated will be a lot better equipped to move up in life or succeed than a morally bankrupt person with excellent academic qualifications".

"What you sow is; what you reap".

"Selflessly serve others".

It is my vision to set up an Institute where our young, budding dentists will receive education of the highest quality, comparable to the best anywhere. Seema Dental College & Hospital (SDCH) is an Institute, where we lay great emphasis on the overall growth and the personality development of the student, so that they may take their place as confident and competent professional in any part of the world and contribute to the welfare of humanity not only as professional, but also as responsible and devoted citizens.

As a Founder of the first hi-tech dental college in the State, I will leave no stone unturned to develop the College into one that is counted amongst the best in the world.



Mr. Ajay Garg
Honorary Director



Dr. Amit Gupta
Chairman

It gives me immense privilege to be a part of this noble venture of "Dental Education" started by my father Dr. R. K. Gupta, the first of its kind in the State of Uttarakhand.

Qualitative improvement has been the watchword of both the management and the faculty.

We do hope that initiative taken by us to bring dental awareness among masses will be continued by the doctors who have completed their dental education.

The aim and mission of SDCH is to provide the best dental education to the youth par with international standards. I am sure, the new entrants to the Institute Campus will be able to experience the excellent standards maintained in the Institute which will enable them to pursue a successful professional career.

Seema Dental College & Hospital has witnessed many developments since its inception, offering new programs and expanding its infrastructure. It has become necessary for the students to acquire skills and knowledge in their respective educational fields. We are enabling our students to acquire competencies that include hands-on training, self-directed learning skills and the ability to integrate idea and concepts to ensure a successful professional career.



Every smile we create is a masterpiece of care and dedication.



Messages



Dr. P. Narayana Prasad
Principal

Dear Esteemed Students and Colleagues,

Greetings from Seema Dental College and Hospital!

In the proud legacy of the past 20 years, our institution has flourished into a beacon of excellence in dental education. Upholding the values of empathy, teamwork, respect, and dedication, our faculty and students embody the highest standards of professionalism, contributing significantly to the advancement of our noble profession.

At Seema Dental College and Hospital, we believe in the harmonious development of individuals and the pursuit of academic research. These principles stand as the pillars of our success, shaping the institute into its present form and intellectual acumen.

Under the dynamic leadership of our Chairman, Dr. Amit Gupta, the management leaves no stone unturned in ensuring academic and infrastructural upliftment. We pride ourselves on offering a "home away from home," where every student is nurtured with care and dedication.

I extend a warm welcome to you to become a part of our prestigious institution, where learning comes with a difference. Join us on this journey of academic excellence, where we strive to make a positive impact on the field of dentistry.

Jai Hind.

Within these walls of SDCH, we carve out expertise, sculpting
confident smiles for a lifetime



Messages



Mr. Vivek Sang
Executive Director

It is a matter of great honour and privilege that we have realized our dream in the first state of the art Seema Dental College & Hospital-a unique of its kind in Uttarakhand, where the world class dental care and education are provided under one roof.

Our main aim is to enlighten the students with best dental care & education facilities to ensure that they along with the teachers work as an enriched team towards bringing Dental hygiene awareness amongst the masses and provide affordable treatment with the latest in Dental World to one and all.

I hope that our competent team will to continue work conscientiously towards making our institute a model Dental College under the able guidance of our Founder Dr.R.K.Gupta and Chairman Dr Amit Gupta.



Dr. Aniruddh Guru Pratap Singh
Director

Seema Dental College and Hospital is the materialized dream of one of the greatest philanthropist Dr. R.K. Gupta, Founder, SDCH. He not only realized this remarkable task of creating such magnificent Dental institution but also formed a dedicated team of efficient workers who are carrying forward his vision and legacy in an exemplary way under the leadership of his son Dr. Amit Gupta, Chairman SDCH.

The Seema Dental College and Hospital is managed and run under the aegis of Dr. B. S. Gupta Medical Charitable Society. This is the first ever and the only recognized dental college of the State of Uttarakhand. Under his leadership the College is going to achieve new heights for the time to come. In last few years, Seema Dental College and Hospital has accomplished what many prestigious Institutions in India have taken over years to achieve. The college got recognized for the BDS course within the minimum stipulated period.



Dr. Anil Dhingra
Vice Principal

Honored to be part of an institution that stands as a beacon of excellence in dental education and healthcare. Studying in Rishikesh, India, offers a unique and impactful experience for students.

Our institution boasts state-of-the-art facilities, modern laboratories, and well-equipped clinics, ensuring students receive hands-on training and practical experience. SDCH a desirable destination for aspiring dental professionals seeking both academic and personal growth. Together, we will shape the future of dentistry, one student at a time.



The college



Seema Dental College and Hospital is a College every student looks forward to . It is one of the finest campuses for a hospital. The views around the campus are breathtaking and the surrounding woodland changes colors dramatically with the seasons. The campus sits pretty between these woods and mountains on one side and the holy river Ganga on the other.

The total constructed area covers a staggering 3,50,000 square feet. This includes the Hospital, teaching facilities like lecture halls, auditorium, laboratories, the pathology center, the library, cafeteria, the residential facilities for students, faculty & support staff, sports & recreation center, swimming pool, the list is endless.

In a nutshell, Seema Dental College and Hospital has been envisaged as a world class dental hospital and teaching center. The promoters are committed to provide whatever it takes to achieve this vision.

Studying at SDCH allows you to enjoy the best of both worlds - an excellent academic environment at the heart of one of the most peaceful and adventurous place in Northern India.

Though a tranquil setting, there is still plenty to do at the College. Indeed, the range of both academic, social and exceptional sporting opportunities are unrivaled in the country. Students have much to occupy their time outside of lectures, tutorials and lab work. Do visit and see all this for yourself. You will see then why we are so proud of our campus and why we want you to choose to come here.



Out Patient Department (OPD)



The Dental Out Patient Department dovetails with the teaching facilities of the College. Besides providing oral healthcare to the patients, this facility works in tandem with the College of Dentistry.

The OPD has ultra modern, state-of-the-art equipment, almost all of it painstakingly sourced & imported from the best manufacturers across the world. The apparatus and instruments include Modern Dental Units equipped with clinical microscopes, CBCT, RVG, Dental Implants, All Ceramic System, Orthoralix Cephalostat and OPG facilities, Intra Oral Camera, Light Cure Units, Ultrasonic Scalers, CAD-CAM, a sophisticated General Anesthesia Operation Theater, as well as the latest dental materials etc. for practicing minimally invasive precision dentistry.



The highly qualified and learned team of doctors and surgeons comprises of experts from various fields of dentistry. The entire team is dedicated to the task of bringing world class dental care to the people and contributing towards the health of the society at large.

Under the aegis and watchful guidance of our Hon'ble Chairman, Dr. Amit Gupta, whose concern for the betterment of healthcare for the people is so keen and committed, especially for the economically disadvantaged, the OPD periodically organizes free dental check-up camps in the College as well as in far flung rural areas where expert healthcare is otherwise impossible to come by.



DEPARTMENT OF ORTHODONTICS



Dr. P. Narayana Prasad
Professor & HOD



Dr. P. Narayana Prasad is an accomplished professional with a distinguished background in dentistry. A graduate and post-graduate of orthodontics and dentofacial orthopaedics from SDM College of Dental Sciences, Dharwad, in 1998, he brings over 23 years of post-graduate teaching experience to his role.

Dr. Prasad is a fellow at prestigious academic institutions such as Pierre Fauchard, International College of Dentists, American Association of Oral Implantology, Korean Society of Lingual Orthodontics, and more. His extensive expertise is recognized globally, having served as an external examiner in India and abroad. Since 2011, he has been appointed as an inspector by the Dental Council of India. With a keen interest in the latest orthodontic techniques, including self-ligation and aligners, Dr. Narayana Prasad is also a specialist in orofacial pain and dental sleep medicine. His commitment to advancing dental education and his multifaceted expertise make him an invaluable leader in the field.

Aligning smiles, transforming lives

The department trains students in immaculate history taking, methodological examination of patient, performing diagnostic procedures and management of dentofacial deformities. The department imparts orthodontic treatment to a large percentage of the local population with the latest orthodontic techniques including Pitts21, Damon, Pre adjusted Edgewise technique and aligners, both in-house and Invisalign. The department caters to cleft lip and palate rehabilitation by multi-disciplinary approach. Orthognathic surgeries, distraction osteogenesis, implants lingual orthodontics and management of obstructive sleep apnoea are some of the special interests of the department. The department regularly conducts extensive hands-on courses & continuing dental education programmes pertaining to the latest developments in the speciality.





DEPARTMENT OF PROSTHODONTICS AND CROWN & BRIDGE



Dr. Varun Kumar
Professor & HOD



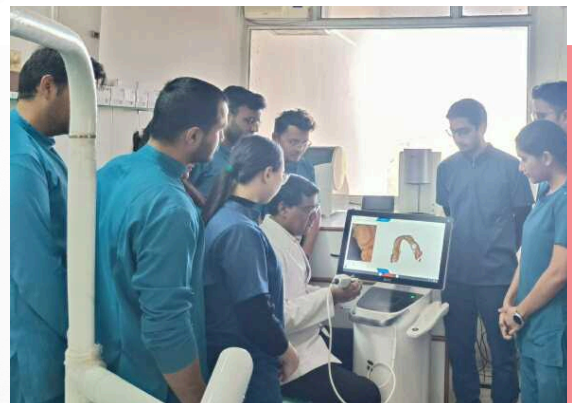
Dr. Varun Kumar did his BDS in 2003 & MDS in 2007 from Subharti Dental College & Hospital, Meerut, UP. He is a devoted academician in the field of Prosthodontics and Oral Implantology. He has served as an academician in various colleges and currently working as Professor & Head Department of Prosthodontics in Seema Dental College & Hospital, Rishikesh with total teaching experience of more than 15 Years. He has completed certified course in Palliative care. He is a recipient of the prestigious fellowship of Pierre Fauchard Academy, Academy of General Education Manipal. He is the editor of International Journal of Oral Health Dentistry. He is serving as treasurer of National Medicos Organization Uttarakhand state. He has more than 70 publications to his credit and has guided and co-guided numerous researches in various field of Prosthodontics. He has been chairperson and moderator in various conferences. He has exhibited and abid participation in National/State level conferences and holds numerous presentations to his credit. His key interest includes Oral Implantology, CAD-CAM, TMJ, Maxillofacial Prosthodontics. He is also recipient of various awards like Best Academician of the Year, Best Prosthodontist of the Year, Corona Warrior Award and Certificate of Honor for outstanding services rendered in Medical Education.

Reviving smiles, restoring confidence

The prosthodontic post graduate training programme imparts knowledge pertaining to restoration and maintenance of oral function, health, comfort and appearance by the replacement of missing and lost natural teeth. Students are trained on complete dentures, cast partial dentures, crown and bridge work, implant supported prosthesis through didactic and clinical learning. They undergo extensive training using state-of-the-art modern equipment, The use of CAD-CAM, Intraoral scanners and materials of international standards to enhance their preclinical skills. They also get trained in casting and ceramic work in the Ceramo Metal Laboratory.



Dr Jyotsna Seth , Professor Prosthodontics,
Certified NABH Assessor by Quality Council of India





DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY



Dr. Amit Aggarwal
Professor & HOD



Dr. Amit Agarwal belongs to first batch of both undergraduate and postgraduate studies from reputed dental college of India that is Subharti Dental College, Swami Vivekanand Subharti University Meerut. He is a life time member of Academy of Oral Implantologist and Association of Oral & Maxillofacial Surgeons of India. He is also the founding member of Association of Oral and maxillofacial surgeon of India Uttarakhand branch. He is recently appointed as President of AOMSI (UK state branch) and also Vice president of National Medical Organisation, SDCH. He is in the editorial board member of innovative publication. He has more than 10 yrs of teaching experience and is very keen in training undergraduate and postgraduate in basics of Oral and Maxillofacial Surgery. His key interest includes Oral Implantology, TMJ, Maxillofacial pathology and Maxillofacial trauma. He is currently serving as HOD & Prof of Department of Oral and Maxillofacial Surgery at Seema Dental College and Hospital, Rishikesh.

From complex cases to confident smiles – redefining possibilities

Students are trained for extraction of teeth, local anaesthesia techniques, basic emergency training, management of medically compromised patients and complications that can occur during surgical procedures in the dental clinic. They are also trained to perform other minor oral surgical procedures under supervision, and are given a basic idea of different major oral and maxillofacial procedures. Emphasis is laid down on achieving sterile and aseptic conditions using state of the art and most advanced sterilization techniques.





DEPARTMENT OF PERIODONTOLOGY



Dr. Shalini Gupta
Professor & HOD



Dr. Shalini Gupta completed her graduation in 2007, post graduation in 2010 and awarded as Gold Medallist (University Topper) by Mahatma Jyotiba Phule Rohelkhand University Bareilly, Uttar Pradesh. She completed a certified course of 'Fellowship in Medical Cosmetology- FMC' from University of Greifwalt, Germany in 2021. She is dedicated academician and has more than 13 years of undergraduate and postgraduate teaching and academic experience. She guided undergraduate and postgraduate research activities, publications, scientific papers, poster presentations and essay competition at various national conferences. She is the academic committee and research cell member of SDCH. Oral Implantology, Periodontal Plastic surgeries, Aesthetic surgeries, Periodontal Regenerative Surgeries and Facial Aesthetic treatments. She served as an external examiner in various colleges and has published numerous papers in various national and international journals. Her key interest includes Oral Implantology, Periodontal Plastic surgeries, Aesthetic surgeries, Periodontal Regenerative Surgeries and Facial Aesthetic treatments.

Where gum health thrives, smiles flourish - Periodontics, the foundation of dental wellness

Periodontics encompasses the prevention, diagnosis and treatment of diseases of the supporting and surrounding tissues of the teeth. Students are trained in case analysis, treatment planning, maintenance, supportive and surgical periodontal therapy. Knowledge on techniques of muco-gingival surgeries, resective and reconstructive osseous surgeries, Laser surgeries and implantology is imparted to the students.





Department of Pediatric & Preventive Dentistry



Dr. Kalpna Chaudhary
Professor & HOD



Dr Kalpna chaudhry has completed her BDS & MDS from Subharati dental college and hospital meerut. She has also been awarded with FELLOWSHIP OF INTERNATIONAL COUNCIL FOR DENTAL RESEARCH, (F.I.C.D.R.) Liverpool.(U.K.) and DIPLOMA IN CLINICAL AESTHETICS AND ORAL REHABILITATION. (D.C.A.O.R) Singapore. She has completed her Post Graduate Diploma in Hospital and Health Management (PGDHHM) from IGNOU Delhi. She has more than 14 yrs of experience of teaching undergraduate and postgraduate dental students in the field of Pediatric dentistry. She has number of national and international publications to her credit. She is a member of the examination panel of both undergraduate and postgraduate dental colleges and universities. She is a life member of the ISPPD (Indian Society of Pedodontics and Preventive Dentistry),SAAPD (South Asian Association Of Pediatric Dentistry), and NMO (National Medicos organisation). She is also a social activist and a medical professional with strong spiritual values . She works on the principle “Seva Paramo Dharma”.

Nurturing young smiles, planting seeds of lifelong oral health

The Department of Pediatric & Preventive Dentistry caters to oral health care needs of children & emphasizes on prevention of oral disease, early diagnosis & prompt dental intervention.

We are specialized in management of uncooperative and anxious children under nitrous oxide sedation (N2O). We also manage and completely rehabilitate the children including those with special health care needs. we do all the latest treatment through Lasers , CADCAM, CBCT, Invisalign, etc.





DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS



Dr. Anil Dhingra
Professor & HOD



Dr. Anil Dhingra, a Diplomate of the Indian Board of Endodontics, is a distinguished figure in endodontics with over 25 years of academic and clinical experience. He serves as the Vice Principal, Head of the department, and Professor in the Department of Conservative Dentistry & Endodontics at Seema Dental College, Rishikesh, Uttarakhand.

Dr. Dhingra has been awarded fellowships by the International College of Dentists (India, Sri Lanka & Nepal Section, 2015) and the Academy of General Education, Manipal Academy of Higher Education (2011). He conducts pre-conference courses, workshops, keynote lectures, and hands-on courses. Additionally, he was the Assistant Editor of the Journal of International College of Dentists and reviews for several national and international journals. His clinical cases, featured on platforms like Micro Mega India, MICRO MEGA France, and S.S. WHITE USA, demonstrate his expertise in rotary systems, glide path techniques, single file systems, retreatment, and microscopes in endodontics.

Dr. Dhingra also conducts microscope-endodontics courses, furthering endodontic education and practice. His dedication to the field has established him as a respected leader and educator in endodontics.

ENDODONTISTS....WE GET TO THE ROOT OF THE PROBLEM

The students are provided with in-depth knowledge and skills in operative and endodontic procedures.

The under-graduate students receive training in using advanced materials. The post-graduate students receive comprehensive training using advanced endodontic techniques like Dental Operating Microscopes, CBCT, CAD/CAM & EMAX crowns/veneers, micro-surgical protocols for treatment of instrument fractures and the use of Ultrasonics for Minimally Invasive treatments.

Preclinical training on phantom heads builds confidence and proficiency in operative and endodontic procedures, ensuring readiness for clinical practice





DEPARMENT OF ORAL MEDICINE AND RADIOLOGY



Dr. S. Karpagavalli
Professor and HOD



Graduated from Annamalai University, Tamil Nadu and completed masters from Sri Ramachandra Dental College & Hospital, SRIHER, Chennai, Tamil Nādu in 2005. She is an active academician with more than 17years of teaching and clinical experience. She has completed Fellowship in TMD/OFP & DSM from Roseman University & SMILE USA, Associate fellowship in LASER, AALT, Singapore, Fellow-IBFO, Certification Course in CBCT, Palliative Care, FCPM, Pallium India, & OCTC, iCanCaRe. She has a total of 30 publications in indexed journals including the prestigious JADA. Her areas of interest are oral cancer, palliative care, forensic odontology, Orofacial pain and TMDs & is actively involved in research. Delivered multiple guest lectures and awarded “Young scientist award” & won numerous Best Paper awards.

"Mouth is the mirror of the body"; most diseases reflect in the oral cavity with various presentations. This department sits at the interface between dentistry and medicine and trains the novice dental student about oral healthcare of patients with chronic, recurrent and medically related disorders of the oral and maxillofacial region with their diagnosis and non-surgical management. Oral and Maxillofacial Radiology is the specialty of dentistry and discipline of radiology concerned with the production and interpretation of images and data produced by all modalities of radiant energy that are used for the diagnosis and management of diseases, disorders and conditions of the oral and maxillofacial region. We use the latest tech and advancements like OPG and CBCT for the better diagnosis and ultrasound therapy for better treatments of TMJ Disorders





Department of Public Health Dentistry



Dr. Avnish Singh
Professor & HOD



Dr. Avnish Singh did his Master of Dental Surgery (MDS) in Preventive and Community Dentistry, from Kothiwal Dental College & Research Centre, Moradabad – April 2010, recognized by Dental Council of India, awarded by Mahatma Jyotiba Phule Rohailkhand University, Barielly, Uttar Pradesh. He did his Bachelor of Dental Surgery (BDS), from Hassanabha Dental College and Hospital, Hasssan, Karnataka, recognized by Dental Council of India, awarded by Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka. His Teaching Experience included working as Senior Lecture & Reader in ITS Dental College and Hospital, Ghaziabad, Uttar Pradesh from 24th May 2010 – 20th February 2018 (7 Years & 9 months).

Equity in access, prosperity in health – Public health, forging a healthier tomorrow for all

The department disseminates knowledge and concept of health, emphasizing on public health problems, preventive dentistry, nutrition and environmental aspects related to dental health. It highlights on research methodology, biostatistics and health informatics. Students are trained to conduct community dental health programmes, school based dental health education and preventive methods. The department extends clinical care to nearby rural areas, with established satellite clinics in various villages adopted by the Institute. We have special Help desk for the Camp patients to get proper follow up and support





DEPARTMENT OF ORAL PATHOLOGY



Dr. Nagaraja Anand
Professor and HOD



Dr Nagaraja did his Bachelor in Dental Surgery 1995 from Government Dental College and Research Institute Bangalore. He did his MDS from Bapuji Dental College Davangere in the year 2005 in the field of Oral Pathology and Microbiology. Has received the award for Best Out-going post-graduate student from Bapuji Dental College & Hospital for the year 2005. As a faculty till date he has more then 11yrs of teaching & academic experience in training both undergraduates and post-graduate students.

From tissue to tale, oral pathology and histology narrate the saga of oral health

Oral pathology is the discipline of pathology that deals with the nature, identification and management of diseases affecting the hard and soft tissues of the oral and maxillofacial regions. The department trains students to perform routine histopathological evaluations along with haematological, cytological, microbiological, immunological and ultra structural investigations. The student is trained in the science of histology and pathology of oral and maxillofacial region utilizing state-of-the-art digital microscopy and LCD projection system.





General Human Anatomy

Thorough knowledge of General Human Anatomy is inculcated in students with special emphasis on head and neck by means of cadaver dissection and detailed study of hard and soft tissues of the human body. The department boasts of an excellent museum with life sized models and charts.

Physiology and Biochemistry

Physiology is concerned with specific characteristics and mechanisms of human body that makes it a living being. The department trains students with a goal to explain the physical and chemical factors responsible for the origin, development and progression of life. Biochemistry provides a sound knowledge of various biochemical reactions relevant to human system for life sustenance. The department has ample infrastructure and advanced equipment like a calorimeter, pH meter, centrifuge machines, magnetic stirrer with hot plate, hot air oven, serological thermostat water bath, incubators, electronic balances, water distillation units, etc. Various biochemical tests performed on blood and urine samples, collected from healthy and diseased individuals make the student understand how it contributes in diagnosis, prognosis and treatment of disease.

General Medicine

A majority of medically compromised patients need oral health care; hence a working knowledge of the multitude of compromised conditions is essential for dental professionals. The curriculum during the third professional year of BDS includes training in general medicine. Students acquire knowledge and skills of analyzing findings from patient's history, signs and symptoms. Special emphasis is placed on assessment of cardiovascular, endocrine, metabolic, respiratory, renal diseases and blood dyscrasias.

Pharmacology

Pharmacology is a science that deals with the assimilation, absorption, metabolism and excretion of drugs. The department imparts practical and clinical knowledge to students for choosing and use of drugs in order to achieve improved therapeutics. The department also undertakes various animal studies that can be extrapolated in the clinical settings helping in advancement of medical therapeutics.

General Pathology & Microbiology

Pathology is a bridging discipline involving both basic science and clinical practice and is devoted to the study of structural and functional changes in cells, tissues and organs that underlie the disease. The department is well equipped with various molecular, microbiologic, immunologic and morphologic techniques to explain, why and wherefores of the signs and symptoms manifested by the patient, thus providing a sound foundation for rational clinical care and therapy.

General Surgery

In general surgery, students are familiarized with principles of general surgery and common general surgical procedures. Evaluation of patients for general anaesthetic techniques and management of emergencies along with intravenous sedation is taught.





COMPREHENSIVE DENTAL CLINIC

Step into our comprehensive dental clinic, located right here in our college. It's like a one-stop-shop for all things dental! Our clinic has experts from every department working together. What's special about this, clinic is that interns, get the chance to roll up their sleeves and learn by doing, all treatment under the guidance of our experienced faculty. It's a hands-on learning experience that prepares you for the real world of dentistry. But it's not just about learning; it's about making a difference in people's lives. It's a place where learning is hands-on, and everyone's dedicated to making smiles healthier and futures brighter.

So, come join us in our mission to spread smiles and make a positive impact.



Believe in your journey, even if you
can't see the destination yet



The Infrastructure



The Infrastructure of the institute plays a pivotal role in achieving the vision of the institute as it is the enabling factor in the development of our students. In the recent past we have constantly revised and upgraded our digital infrastructures in all points of contact with the students including library, classroom, capacity, digital equipment, new age software mechanism for information, dissemination through digital and physical infrastructure. We would like you to visit our world class infrastructure with boosts the learning environment and connects our students with global learning process.





The Infrastructure

The Library

The library fulfills all the norms laid down by the Dental Council of India. It is housed in the multistoried administrative building. Brightly illuminated and comfortably furnished, the library contributes to the atmosphere required for concentrated study and for research work. The shelves are well stacked with books and journals from various national and international publishing houses. The library has been organized into separate reader services - namely, the main lending section, the text books section, the general reference section and a periodicals and journals section. The library also offers the use of computers along with internet services. A xerox machine room, a reading room with audio visual facilities, and an inter-departmental communication system makes our library one of the best equipped in the region.



Digital Backbone

Two hundred miles of computer cabling, gigabytes of data whizzing from one terminal to the other, and precise monitoring of all activities in the campus - that's what the computer backbone at SDCH controls. The entire campus has been wired to be capable of being digitally controlled from the Computer Command Center. This nerve centre controls everything from the telecomm-unications network to the management of patient data from the doctors' terminals. The digital backbone takes care of distribution of Internet access and the distribution & allocation of background music at various public areas across the hospital.





The Infrastructure

Presentation Hall

The Presentation Hall is in keeping with the futuristic ambience of the Institute. To groom the students in the use of the latest methods in presentation techniques, an LCD projector has been provided so that they may become proficient in the use of new technologies and also learn the art of making high impact presentations.



Swimming Pool

An Olympic standard indoor swimming pool is provided as recreational facility



Health Club

A modern gymnasium and health club with latest health equipment and facilities for indoor & outdoor games is available for students.



Cafeteria

There is a cafeteria and tuck shop retailing ready to eat, hygienic and nutritious food.





Interning at SEEMA DENTAL COLLEGE AND HOSPITAL has been a transformative experience, where theory met practice in the most enriching way possible. The hands-on approach and supportive environment not only enhanced my skills but also broadened my perspective in each field. Grateful for the opportunity to contribute to such an esteemed institution

-PRATEEK MUKHERJEE (INTERN BATCH 2019)
WEST BENGAL



Being a student at SEEMA DENTAL COLLEGE AND HOSPITAL has been nothing short of inspiring. The mentorship, resources, and collaborative atmosphere propelled my learning beyond the classroom, preparing me for the real-world challenges ahead. I Thank this college for a truly invaluable experience

-MANJEET RAJ (INTERN BATCH 2019)
BIHAR



As a student at Seema dental college and Hospital, I've been inspired to dream big and chase my ambitions fearlessly. The vibrant campus culture, world-class faculty, and countless opportunities for experiential learning have equipped me with the skills and confidence to pursue my goals with conviction. Thank you, SDCH, for empowering me to strive for excellence

- JOLLY SETHI (INTERN BATCH 2019)
MUMBAI



Choosing Seema Dental college and hospital was the best decision I ever made. The opportunities for intellectual exploration, personal development, and community engagement have opened doors I never thought possible. As I prepare to embark on the next chapter of my life after 1 year, I carry with me the invaluable lessons and cherished memories from my time at SDCH

-BEBIKA (INTERN BATCH 2019)
MANIPUR



I still remember the First day i entered SEEMA DENTAL COLLEGE AND HOSPITAL to enter into whole new phase of my life, and now in Internship, completing 4 years in this college has been a remarkable and memorable part of my life as well as my career, I found a home away from home. It has been an exceptional experience, where academic excellence meets a vibrant community. The dedicated faculty, diverse student body, and myriad of opportunities for personal and professional growth have truly enriched my college journey.. Thank you, SDCH, for shaping me into the person I am today.

SUDUTTA SHARMA (INTERN BATCH 2019)
JAIPUR

OUR HOSTELS

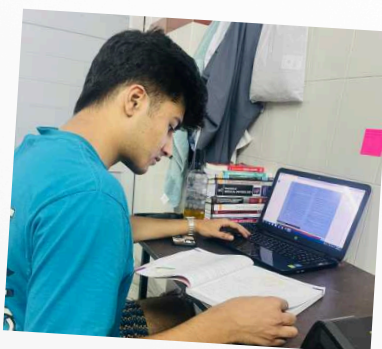
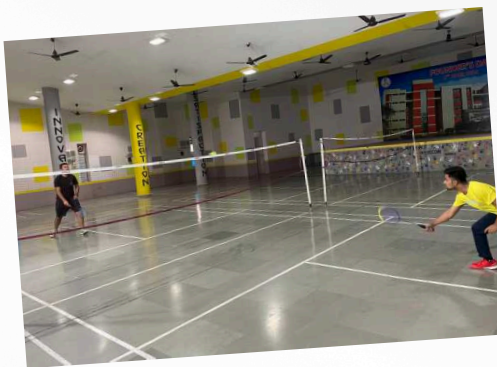
Welcome to our vibrant campus community where every student finds a home away from home! Our hostels offer more than just a place to stay; they are dynamic hubs of cultural exchange, friendship, and personal growth. Nestled amidst the academic bustle, our hostels provide a safe and supportive environment where students from diverse backgrounds come together to create lasting memories and forge lifelong friendships.

At our hostels, we prioritize comfort, convenience, and community. Each room is thoughtfully designed to be a cozy haven for relaxation and study, equipped with modern amenities to meet the needs of today's college students. Our dedicated staff ensures that every aspect of hostel life is well-organized, from cleanliness to security, allowing students to focus wholeheartedly on their academic pursuits.

Beyond the confines of their rooms, students discover a myriad of opportunities for social interaction and personal development. Whether engaging in lively discussions in common areas, participating in cultural events and workshops, or collaborating on group projects, our hostels foster an atmosphere of collaboration and camaraderie.

Moreover, our hostels serve as incubators for personal growth, offering support services and mentorship programs to assist students in navigating the challenges of college life. Through shared experiences and mutual support, students cultivate essential life skills such as independence, empathy, and resilience, preparing them for success both during their academic journey and beyond.

Join us at our hostels, where you'll not only find a place to rest your head but also a community that nurtures your aspirations, celebrates your achievements, and empowers you to reach your fullest potential. Welcome to a home away from home, where friendships flourish and dreams take flight."





EXTRA CURRICULAR ACTIVITIES

Beyond the classroom, our college is a bustling hub of extracurricular activities that cater to a wide range of interests and passions. We believe that holistic development goes hand in hand with academic excellence. Whether you're an aspiring athlete, a budding artist, a future entrepreneur, there's something for everyone in our vibrant extracurricular landscape. From sports teams competing at intercollegiate tournaments to cultural clubs showcasing the richness of our heritage, from community service projects making a positive impact to entrepreneurship initiatives fostering innovation, our extracurricular activities are designed to inspire, challenge, and empower.

Participating in extracurricular activities not only enriches your college experience but also equips you with invaluable skills and experiences that complement your academic learning. Through teamwork, leadership opportunities, and hands-on experiences, you'll develop crucial qualities such as communication skills, time management, and resilience, which are essential for success in today's dynamic world.

JALTARANG - OUR ANNUAL SPORTS AND CULTURAL FEST

A celebration of talent, creativity, and camaraderie, our fest is a vibrant tapestry of music, dance, art, and culture that brings together students, faculty, and guests from near and far.

Every year, our college fest transforms our campus into a bustling carnival of excitement and energy, offering a diverse range of events and activities to suit every taste and interest. From electrifying music concerts featuring renowned artists to exhilarating dance competitions showcasing the finest moves, from thought-provoking art exhibitions exploring contemporary themes to thrilling sports tournaments igniting fierce competition, there's something for everyone to enjoy and participate in.

But our fest is more than just a showcase of talent – it's a celebration of community spirit and inclusivity. Whether you're a performer, an organizer, or simply a spectator soaking in the festive atmosphere, you're an integral part of the experience, contributing to the collective joy and vibrancy that defines our college culture.





TEA CLUB:

*“Tea is the religion and art of life” -
Okakura Kakuzo*

*It's Tea O'Clock at Seema dental college and hospital,
SDCH Tea club meet for all faculty members was Initiated to promote interdepartmental interaction and companionship.*





Student / Teacher Exchange Programmes



MOU with Rochester University

Seema Dental College & Hospital recognizes the importance of expanding and disseminating knowledge which directs advances in Oral Health and Oral Health Education. It actively seeks to promote the scholarship activities of its students & faculty and encourage their development as scholars in dental education technologies. The Institute is committed to organize value based Student/Teacher Exchange Programmes to broaden the scope of their individual capabilities in the field of education and patient care. Recently the Institute has joined hands with ROCHESTER UNIVERSITY USA for Student & Faculty exchange programmes Solidifying our commitment to dental research and innovation . This agreement marks a new chapter in paving the way for enhanced collaboration and innovation in the field of Oral healthcare



Admission Procedure For BDS

04 Year Full Time Programme+ One Year Internship

Affiliated to
Hemwati Nandan Bahuguna
Uttarakhand Medical Education University,
Dehradun

Eligibility and Selection Criteria

- The selection of a candidate to Seema Dental College & Hospital shall be on merit basis after qualifying the NEET examination. After NEET result is out, Uttarakhand Government will conduct online counselling for admission to BDS. You can keep yourself updated about the counselling schedule on their website:<http://www.hnbumu.ac.in/>

Instructions

- No fees(tuition or hostel), shall be refunded if a student withdraws or is required to leave the college during the course for any reason
- The student has to pay the balance tuition fees for the remaining years if he/she withdraws the course due to any reason.
- The admission shall be considered cancelled if the student doesn't report to the College within the prescribed time.
- At the time of admission, the selected candidate has to fill an admission form and will be provided an instruction manual which is to be strictly followed during the stay at the college campus and during the entire course.
- In case the candidate fails to submit the required documents, admission shall be treated as cancelled and no request for refund of fees shall be entertained.
- The decision of the Principal of Seema Dental College will be final and binding.

Payment of Fee

1. Tuition Fee as per directive received from Govt. of India / Govt. of Uttarakhand. College Fee as prescribed.
2. Examination Fee as prescribed. Enrolment Fee as prescribed.
3. Fee from Failed Students: An extra fee will be charged per attempt per subject. The additional attempts may be due to detention, willful absence or failure in any professional examination.

All the fees are to be submitted at the time of admission. The fees for the next session should be deposited before the commencement of Professional Examination i.e. by 31st of July.

Uniform

The dress code for boys and girls as prescribed is to be strictly followed.

Interns

Navy blue Scrubs

Summers

Both for boys and girls Grey trousers, blue striped shirt, black shoes
& grey socks.

Winters

In addition to the above, Blue blazer with the College crest.

Grey sweater and White full sleeves apron.



Admission Procedure For MDS

03 Year Full Time Programme

Affiliated to
Hemwati Nandan Bahuguna
Uttarakhand Medical Education University,
Dehradun

Departments having MDS

Conservative & Endodontics

MDS Conservative & Endodontics (Recognized)
05 Seats

Orthodontics

MDS Orthodontics (Recognized)
05 Seats

Prosthodontics

MDS Prosthodontics (Recognized)
05 Seats

Oral Medicine & Radiology

MDS Oral Medicine & Radiology (Recognized)
03 Seats

Periodontics

MDS Periodontics (Recognized)
03 Seats

Pedodontics

MDS Pedodontics (Recognized)
03 Seats

Admission Procedure

There is no direct admission. The candidate has to appear and qualify in the National Eligibility cum Entrance Test for PG (NEET-PG). All the 24 seats under State Quota and Management Quota will be filled in by the counselling which will be conducted by State Government only. Those who qualified the NEET-PG test may send their scorecard to us through email so that we can intimate them about counselling dates.

Qualification

Pass in BDS degree or an equivalent degree recognized by the Dental Council of India.

Eligibility

A candidate for admission to the Master in Dental Surgery course, must possess a recognised degree of Bachelor in Dental Surgery awarded by a university or institute in India and registered with the State Dental Council and has obtained provisional or permanent registration and has undergone compulsory rotatory internship of year in an approved/recognized dental college.

Rishikesh: Where the flow of the River mirrors the
flow of inner peace



RISHIKESH: Yoga Capital of the World

Rishikesh, also known as the “place of sagas” nestled in the foothills of the Himalayas alongside the banks of the sacred Ganges River, is not just a destination; it's a spiritual experience, an adventure seeker's paradise, and a serene haven for those seeking solace amidst nature's embrace. Rishikesh attracts travelers from across the globe, drawn by its tranquil ambiance, spiritual significance, and vibrant cultural tapestry. Thousands from all over the world throng to this place in search of their inner self. There are hundreds of temples, ashrams and sadhna centres here.

Yatras to four major pilgrimage centres begin here - Badrinath, Kedarnath, Yamunotri and Gangotri. Rishikesh is also famous for its adventure activities worldwide. It offers plenty of opportunities to the adventure seeker for activities like Snow Skiing (at Auli), White Water Rafting, Kayaking and Canoeing (on the Ganges) Trekking and Hiking, Water Skiing (at Assan Barrage), Wildlife Safaris and Bird Watching (Rajaji National Park) and scores of other activities that promise to keep your adrenalin flowing throughout your stay here. Rishikesh is a city of character, vision and energy, with a welcoming and friendly atmosphere. Rishikesh is a modern city, with a history stretching back to the times of the Ramayana. This place provides a first class environment in which to live and study. It combines the practical advantages of a small, friendly, inexpensive city with the cultural and recreational amenities of a successful and modern city. It enjoys a quality of life that is of the highest standards.

First Class Road, Rail and Air Links

Rishikesh is an extremely accessible city, benefitting from excellent road, rail and air transportation. The nearest rail heads are at Haridwar (23 km) and Dehra Dun (42 km) and the nearest airport is at Jolly Grant (22 km)





IMAGERY



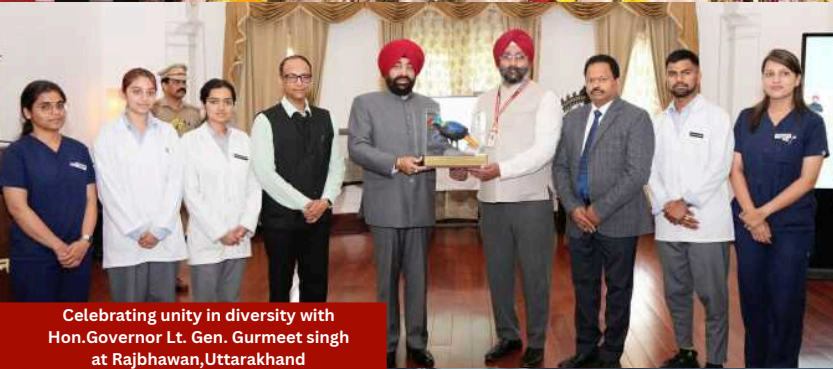
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Hon'able Bharat Ratna Dr. APJ Abdul Kalam Graced the Occasion of our Convocation 2015 as Chief Guest



Celebrating unity in diversity with Hon. Governor Lt. Gen. Gurmeet Singh at Rajbhawan, Uttarakhand



Prof. Dr. Meenu Singh, Executive Director, CEO AIIMS Rishikesh and Prof. Dr. RC Bhatt Pro vice Chancellor HNB Garhwal University Graced the Occasion of Convocation Ceremony 2024 as Chief guest



Pujya Swami Avdheshanand Giri Ji, Acharya Mahamandleshwar, A Great Sage, Vedanta Scholar and Thinker Graced the occasion of Dentocon 3 as Chief Guest



Seema Dnetal College and Hospital, Rishikesh is awarded as "Best Dental College of the Year" by Shri Pushkar Singh Dhami, Hon'ble Chief Minister Uttarakhand



Our Chairman Dr. Amit Gupta was felicitated with International Harmony Award 2022 by Shri Indresh Kumarji Senior RSS leader and Mr. Gopal Krishna Agarwal, National spokesperson BJP



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