

PROFILE & PROSPECTUS



Learning with a Difference

Seema Dental College & Hospital

Founder **Dr. R. K. Gupta**



Honourable Bharat Ratna Dr APJ Abdul Kalam as chief guest for Post Graduate Convocation.

AL UNIVERSITY (A CENTRAL UNIVERSITY) SRINAGAR DENTAL COLLEGE AND HOSPITAL, RISHIKESH, U ONVOCATION CEREMONY - 2019

Purna Nautiyal
 e Chancellor
 Srinagar

Prof. (Dr.) Janak Raj Sa
 Executive Member Dental Coun
 President, Indian Dental Ass





Mrs. SEEMA GUPTA
Ex-Chairperson



AHA Certified Basic Life Support Course
for All Faculty & Students.

About Us

Mission

"Be the most preferred choice of students, faculty and patients. Be in the top 10 in both discipline of education & health sciences".

Vision

"Global leadership in human development, excellence in education and healthcare".

Values

"Integrity
Quality
Transparency
Team Work
Execution with Passion
Humane Touch".

College Profile

Year of Inception	2003
Student Intake	100 Students each year
Recognized by	Dental Council of India, Ministry of Health & Govt. of India No. V-12017/49/2001-DE
Affiliation	Hemwati Nandan Bahuguna Garhwal University, Srinagar (Garhwal)
BDS recognised	June 2008
Commencement of Post Graduate Course	2011
MDS recognised	September 2014
Commencement of Dental Mechanics Course	2009
Location	Virbhadra Road, Rishikesh - 249 203 Uttarakhand
Founder	Dr. R. K. Gupta
Chairman	Dr. Amit Gupta
Honorary Director	Mr. Ajay Garg
Director Principal	Dr. Himanshu Aeran
Vice Principal	Dr. Prem Prakash Gupta
Executive Director	Mr. Vivek Sang
Director	Dr. Anirudh Guru Pratap Singh



Dr. R. K. Gupta
Founder

"A person who is morally educated will be a lot better equipped to move up in life or succeed than a morally bankrupt person with excellent academic qualifications."

"What you sow is; what you reap."

"Selflessly serve others."

It was my vision to set up an Institute where our young & budding dentists will receive education of the highest quality, comparable to the best anywhere. **Seema Dental College & Hospital (SDCH)** is that Institute, where we lay great emphasis on all round growth and personality development of students, so that they may take their place as confident and competent professionals in any part of the world and contribute to the welfare of humanity not only as professionals, but also as responsible and devoted citizens.



Dr. Amit Gupta
Chairman

It gives me immense privilege to be a part of this noble venture of 'Dental Education' - the first of its kind in the state of Uttarakhand started by my father Dr. R. K. Gupta.

Qualitative Improvement has been the watchwords of both the Management and the faculty.

Our aim at SDCH is to provide best quality dental education to the youth, at par with international standards and not at all be a commercial money spinning institution.

We do hope that initiative taken by us to bring dental awareness among masses will be carried forward by the doctors who have completed their dental education.



Mr. Ajay Garg
Honorary Director

Seema Dental College & Hospital has witnessed many developments since its inception, offering new programs and expanding its infrastructure. It has become necessary for the students to acquire skills and knowledge in their respective educational fields. We are enabling our students to acquire competencies that include hands on training, self-directed learning skills and the ability to integrate ideas and concepts to ensure a successful professional career.

Messages



Dr. Himanshu Aeran
Director Principal

Higher Education institutions play a crucial role in sustainable development and well-being of future generations. As we are moving towards problem-focussed teaching and research, sustainability is a very good topic to bring together different disciplines. Seema Dental College & Hospital has been focussing its attention on maintaining high standards of teaching and research. I am sure the young students entering the portals of this college will have a bright future.



Dr. Prem Prakash
Vice Principal

Seema Dental College & Hospital has been held in high esteem for excellence in professional education. The college is proud to offer professional courses in dentistry and dental sciences. This achievement has been brought about by high standards of ethics and quality teaching. We take pride in serving our student community and the society as a whole, thereby setting exemplary standards in the field of education.



Mr. Vivek Sang
Executive Director

By laying the foundation of Seema Dental College & Hospital, we have created an opportunity for our students to excel in academic and co-curricular activities and come out as well-rounded global citizens. At Seema Dental College & Hospital, the excellent infrastructure including well equipped labs, well stocked library, Modern Classrooms and sports facilities beckon our students and faculty both to bring out the best in them thereby contributing to the undisputed 'Numero Uno' status Seema Dental College & Hospital enjoys.



Mr. Anirudh P Singh
Director

Everything we do at Seema Dental College & Hospital is understanding by one simple but powerful idea: we won't settle for ordinary. Everyone of our faculty is handpicked and a centre of excellence. Our track record of teaching and training is outstanding and a benchmark for others to emulate. Our faculty at Seema Dental College & Hospital drives positive change, empowers people and makes communities stronger. They are dedicated teachers who will challenge you to give your very best.

The College



Seema Dental College and Hospital is a wonderful place - beautiful and vibrant; relaxed and engaged. It is one of the finest campuses for a hospital. The views around the campus are breathtaking and the surrounding woodland changes colours dramatically with the seasons. The campus sits pretty between these woods on one side and the holy river Ganga on the other.

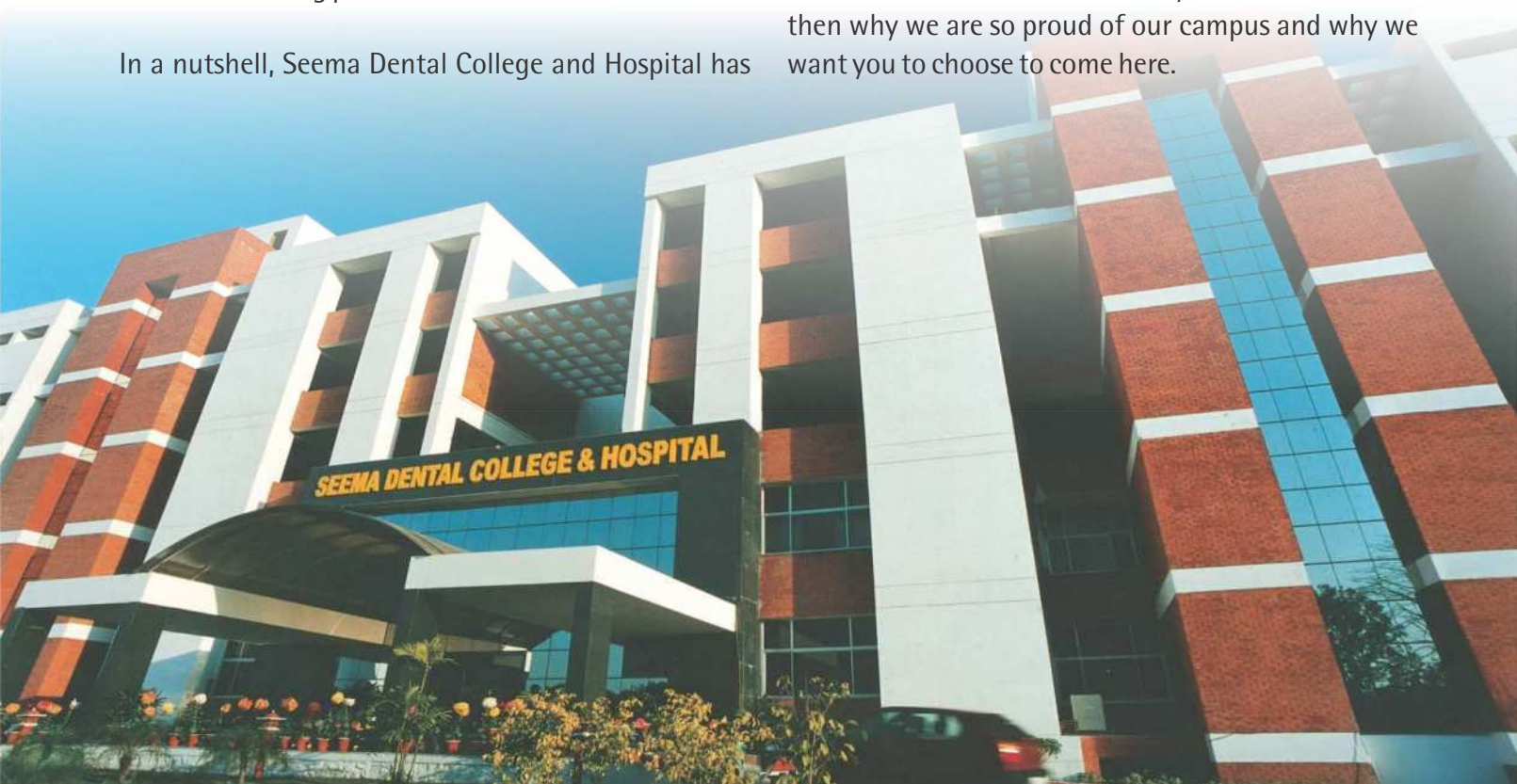
The constructed area covers a staggering 3,50,000 square feet including the Hospital, teaching facilities like lecture halls, auditorium, laboratories, pathology centre, library, cafeteria, residential facilities for students, faculty & support staff, sports & recreation centre, swimming pool, the list is endless.

In a nutshell, Seema Dental College and Hospital has

been envisaged as a world class dental hospital and teaching centre. The promoters are committed to provide whatever it takes to achieve this vision.

Studying at SDCH allows you to enjoy the best of both worlds - an excellent academic environment in the heart of one of the most cosmopolitan and exciting cities in Northern India.

Though a tranquil setting, there is still plenty to do at the College. Indeed, the range of both academic, social and exceptional sporting opportunities are unrivalled in the country. Students have much to occupy their time outside of lectures, tutorials and lab work. Do visit and see all this for yourself. You will see then why we are so proud of our campus and why we want you to choose to come here.



The Hospital



OPD

My experience at Seema Dental College & Hospital as a student and later as faculty has been a gratifying one. Being the first dental college of Uttarakhand and equipped with the highly sophisticated dental set up, Seema Dental College remains the first choice for any BDS aspirant. The academic standard of the institute is very high which was instrumental for me to secure a good rank in All India Post Graduate Examination. I cracked AIPG exam and went to pursue my post graduation from Government Dental College (MGPGI) Pondicherry.

I feel fortunate to be a part of Seema Dental College & Hospital.

Dr. MUDIT AGARWAL
(Topper of batch 2003) MDS, Senior Lecturer
Department of Oral & Maxillofacial Surgery
Seema Dental College & Hospital

The Dental Out Patient Department (OPD) dovetails with the teaching facilities of the College. Besides providing oral healthcare to the patients, this facility works in tandem with the College of Dentistry.

The OPD has ultra modern, state-of-the-art equipment, almost all of it painstakingly sourced & imported from the best manufacturers across the world. The apparatus and instruments include Modern Dental Units, RVG, Dental Implants, All Ceramic System, Orthoralix Cephalostat and OPG facilities, Intra Oral Camera, Light Cure Units, Ultrasonic Scalers, a sophisticated General Anaesthesia Operation Theater, as well as latest dental materials.

Our highly qualified and learned team of doctors and surgeons comprises of experts from various fields of dentistry. The entire team is dedicated to the task of bringing world class dental care to the people and contribute towards the health of the society at large.

Under the aegis and watchful guidance of our Hon'ble Chairman, Dr. Amit Gupta, whose concern for the betterment of healthcare for the people is quite keen and committed, especially for the economically disadvantaged. The OPD periodically organises free dental check-up camps in the College as well as in far flung rural areas where expert healthcare is otherwise impossible to come by.



Prosthodontics, Implantology & Dental Materials



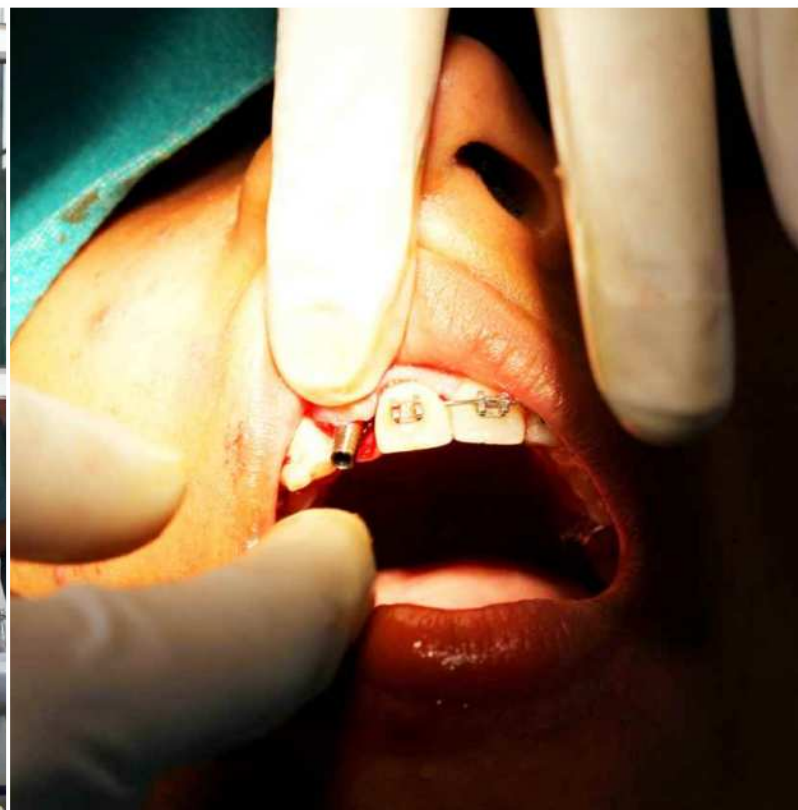
Dr. Himanshu Aeran
Director Principal
Professor & HoD
Prosthodontics Department

Dr Himanshu Aeran did his BDS & MDS from Prestigious King George's Medical University Lucknow. He did Masters in Hospital Administration & Masters in Business Administration. He is certified NABH Accessor from Quality Council of India. Dr Aeran have many International Fellowships & Certificate Courses to his credit from U.S.A & Germany. He is having 30 years of teaching experience.

He was Member, Dental Council of India 2013-2019 & President, Indian Prosthodontic Society 2015-16. He has been felicitated with numerous International/National Awards in the field of Academics, Prosthodontics &

Community Services. Dr Aeran is Member of Editorial Board for 16 International/ National Journals and have 172 Scientific Publications. He has been represented India many times in various Conferences & Forums around the globe.

In this department, students learn Fixed Prosthodontics, Removable Prosthodontics, Dental Laboratory Technology, Occlusion and TMJ Dysfunction, Dental Implant, Dental Ceramics and Maxillofacial Prosthodontics. The department is also involved in several areas of research including dental materials (such as adhesives, ceramics and impression materials) dental implants, occlusion and various surveys. By seeing the ceaseless team effort, it has been awarded as "**Best Department of Prosthodontics**" throughout country at Guident Awards-2014, Goa. The comprehensive approach of Dental Implant Centre faculty strives to meet each patient's unique needs to ensure that comprehensive treatment focuses on the final restoration and final outcome throughout the planning and provision of care. With close collaboration and team effort of Prosthodontists, Oral Surgeon and Periodontists, patients receive the best care. The Implant Centre has a variety of educational and patient care programmes and the most modern of new facilities have recently been created.



Oral & Maxillofacial Surgery



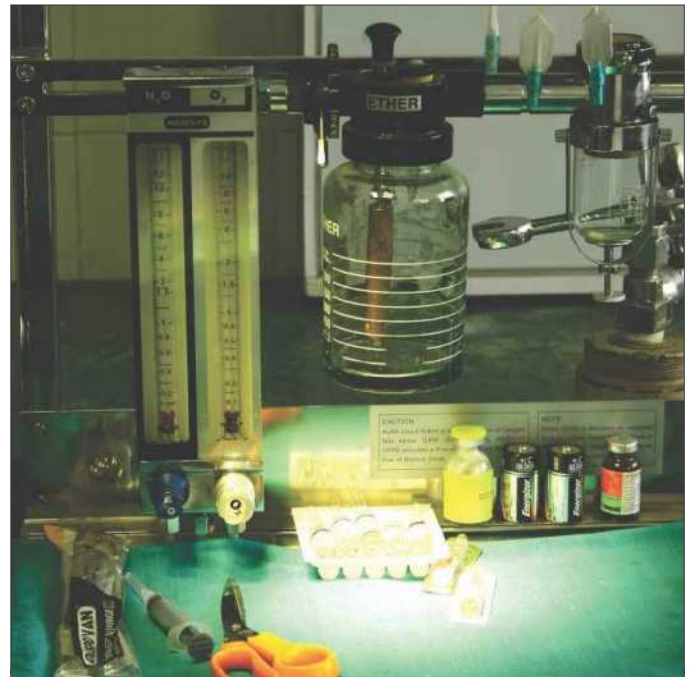
Dr. Amit Agarwal
Professor & HoD
Oral & Maxillofacial Surgery
Department

Dr. Amit Agarwal belongs to first batch of both undergraduate and postgraduate studies from reputed dental college of India that is Subharti Dental College, Swami Vivekanand Subharti University Meerut. He is a life time member of Academy of Oral Implantologist and Association of Oral & Maxillofacial Surgeons of India. He is also the founding member of Association of Oral and maxillofacial surgeon of India Utrakhnad branch. He is recently appointed as President of AOMSI (UK state branch) and also Vice president of National Medical Organisation, SDCH. He is in the editorial board member of innovative publication. He has more than 10 yrs of teaching experience and is

very keen in training undergraduate and postgraduate in basics of Oral and Maxillofacial Surgery. His key interest includes Oral Implantology, TMJ, Maxillofacial pathology and Maxillofacial trauma. He is currently serving as HOD & Prof of Department of Oral and Maxillofacial Surgery at Seema Dental College and Hospital, Rishikesh.

Students are trained for extraction of teeth, local anaesthesia techniques, basic emergency training, management of medically compromised patients and complications that can occur during surgical procedures in the dental clinic. They are also trained to perform other minor oral surgical procedures under supervision, and are given a basic idea of different major oral and maxillofacial procedures. Emphasis is laid on achieving sterile and aseptic conditions using state-of-the-art and most advanced sterilisation techniques.

Minor surgical procedures involving the teeth, gums, and jaw may be needed to preserve or enhance long-term health. While our philosophy rests on maintaining teeth, each situation deserves consideration. So on discussion, if leads to a surgical correction, the students under able guidance will take every step necessary to ensure comfort and safety. Any time the patient will be served best by a colleague trained in a particular treatment, with the best resources available.



Conservative Dentistry



Dr Anil Dhingra
Professor & HoD
Conservative & Endodontics
Department

He is the Diplomate of Indian Board of Endodontics and is the ONLY BOARD CERTIFIED ENDODONTIST from NORTH INDIA. He was Awarded the Fellowship by International College of Dentists, India, Sri Lanka & Nepal Section 2015, Fellowship by Academy of General Education, Manipal Academy of Higher Education 2011. He is the Key Opinion Leader of KaVoSynbro India and conducts Pre Conference Courses, Workshops, Key Note Lectures and Hands on Courses. He is on the review board of national and international journals. He is Assistant Editor of Journal of International College of Dentists. He has published more than 30 international and 140 national journals and 11E books in endodontics

and has 2 chapters contribution in text books. He was awarded Outstanding Endodontist Of The Year (North), by INDIA DENTAL AWARDS, BANGALORE 2017, Dental Researcher of the Year, Indian Health Professional Award 2016, Dr. Ratan H. Doctor Memorial Award by International College of Dentists Section VI (India, Sri Lanka, Nepal Section) 2015, Best Profile of the Month, Indian Dental Association 2015, Global Certification Institute Award Germany 2015, Best Editor Award, Indian Dental Association, Delhi State Branch, New Delhi.

Students are trained to have complete knowledge of aetiology, pathophysiology, diagnosis and management of dental caries, trauma, restorative and endodontic procedures. Students use advanced materials like composites, glass ionomers, varnishes and sealants, dentin bonding and light cure systems.

The department trains students in endodontic procedures using advanced technologies like apex locators, radiovisiography and latest root canal obturation methods. Pre-clinical training comprising of simulated working on phantom heads is given to instill confidence for perfect restorative and endodontic procedures.

Modern anesthetics provide powerful numbing for the gentle removal of the inflamed nerve inside the tooth. The nerve canal undergoes disinfection and careful shaping, and a sealer fills the internal space. A filling or crown over the tooth helps return the tooth to its original function.



Oral Medicine & Radiology



Dr. S. Karpagavalli BDS, MDS
Professor & HoD
Oral Medicine & Radiology
Department

Has in depth knowledge in the speciality of Oral Medicine (Oral diagnosis) and Radiology in addition to the skills in Basic Dental surgery. Well versed in the Diagnosis of various Diseases affecting the Oral and ParaOral structures and the evaluation of Medically Compromised patients and the Dental management of the same (Special Care Dentistry). Good in the Medical / Conservative management of various Oral Mucosal lesions, Salivary gland , Orofacial pain & TMJ related Diseases and also competent in carrying out Investigations like Exfoliative Cytology, FNAC, Mucosal Biopsy, etc. Actively involved in preparing for NAAC inspection (College & departmental NAAC co-ordinator, SRMC),

Annual reports and department website.

"Mouth is the mirror of the body"; most diseases reflect in the oral cavity with various presentations. This department sits at the interface between dentistry and medicine and trains the novice dental student about oral healthcare of patients with chronic, recurrent and medically related disorders of the oral and maxillofacial region with their diagnosis and non-surgical management. Oral and Maxillofacial Radiology is the speciality of dentistry and discipline of radiology concerned with the production and interpretation of images and data produced by all modalities of radiant energy that are used for the diagnosis and management of diseases, disorders and conditions of the oral and maxillofacial region.

Many other non-cancerous changes can occur in your mouth's tissue, from oral warts to autoimmune lesions. The students are educated on their background in oral pathology to evaluate any abnormalities and determine if they should be monitored or removed.



Pedodontics



Dr. Preeti Dhawan
Professor & HoD
Pedodontics Department

Dr. Preeti Dhawan is presently working as PROFESSOR and HEAD, Seema Dental College And Hospital, Rishikesh. She has 14 years of academic experience . She has number of national and international publications to her credit .She has been appointed as an external examiner for various post graduate and under graduate colleges .She is Fellow of Pierre Fauchard Academy (PFA), India Section and International College of Continuing Dental Education, Asia Pacific (ICCDE). She is life member of ISPPD (Indian Society Of Pedodontics And Preventive Dentistry)and SAAPD (South Asian Association Of Paediatric Dentistry).

Pediatric Dentistry is an age-defined speciality that provides comprehensive preventive and therapeutic oral health care for infants and children through adolescence, including those with special healthcare needs. Students are trained in aspects of child psychology, behaviour management, preventive dentistry, interceptive orthodontics, management of decayed teeth and traumatic injuries. They are trained in radiology pertaining to children, dental health education and school dental health programmes.

Our students are thought to believe that a trip to the dentist should be fun, lighthearted, and not something to fear. The way a child is exposed to dentistry lays the groundwork for how they view dental care and dental visits for the rest of their lives. We use simple words to explain procedures to our patients and make sure each parent or guardian is aware of the process as well.



Periodontics



Dr. Amrinder Tuli
Professor & HoD
Periodontics Department

Dr. Amrinder Tuli completed his graduation from Himachal dental college, Sunder nagar in 2001 and his MDS in Periodontology from Subharti Dental College & Hospital in 2007. He is an accomplished academician, teacher, researcher and proficient Periodontist and oral Implantologist. He has also published numerous papers in various national and international journals. Dr. Amrinder Tuli has also been a reviewer and member of editorial board in various journals. He has also been recognized and appreciated for his scientific contributions and has been an examiner for various UG and PG exams.

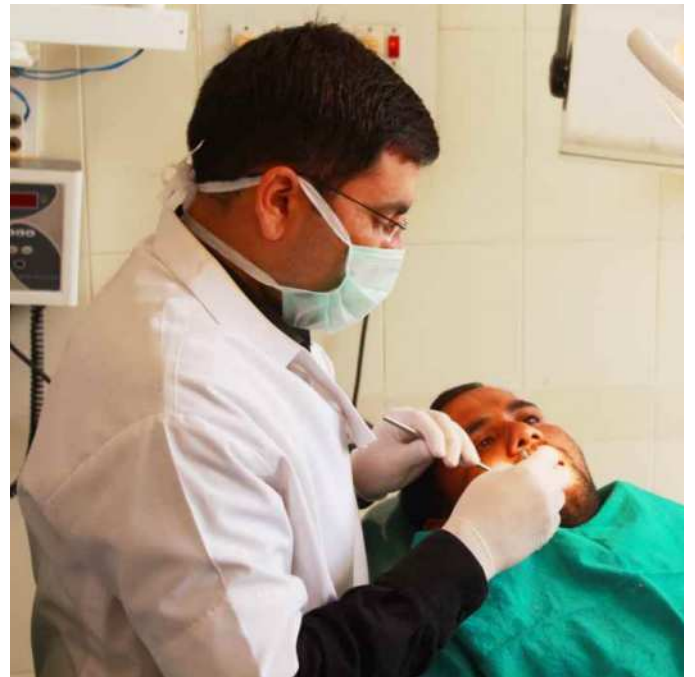
Dr. Amrinder Tuli formulated several educational programmes regarding Oral

health and Oral cancer awareness. He has been guiding the post graduates in the field of Periodontology for 13 years and is currently heading the Department of Periodontology at Seema Dental Colleges and Hospital.

Periodontics encompasses the prevention, diagnosis and treatment of diseases of the supporting and surrounding tissues of the teeth. Students are trained in case analysis, treatment planning, maintenance, supportive and surgical periodontal therapy. Knowledge on techniques of muco-gingival surgeries, resective and reconstructive osseous surgeries and implantology is imparted to students.

Gum disease can advance with few signs or symptoms. Many patients diagnosed with this condition experience no pain and are surprised by the quiet yet swift damage that periodontal disease leaves in its wake. In simple terms, look at your gums and bone around your teeth like the foundation of a house. Just like a house, the foundation must be sound regardless of the beauty of the home. When the foundation crumbles, the rest of it does too.

Students are educated to communicate on regular dental exams, professional cleanings, and good home care practices are essential in detecting and strategically managing periodontitis.



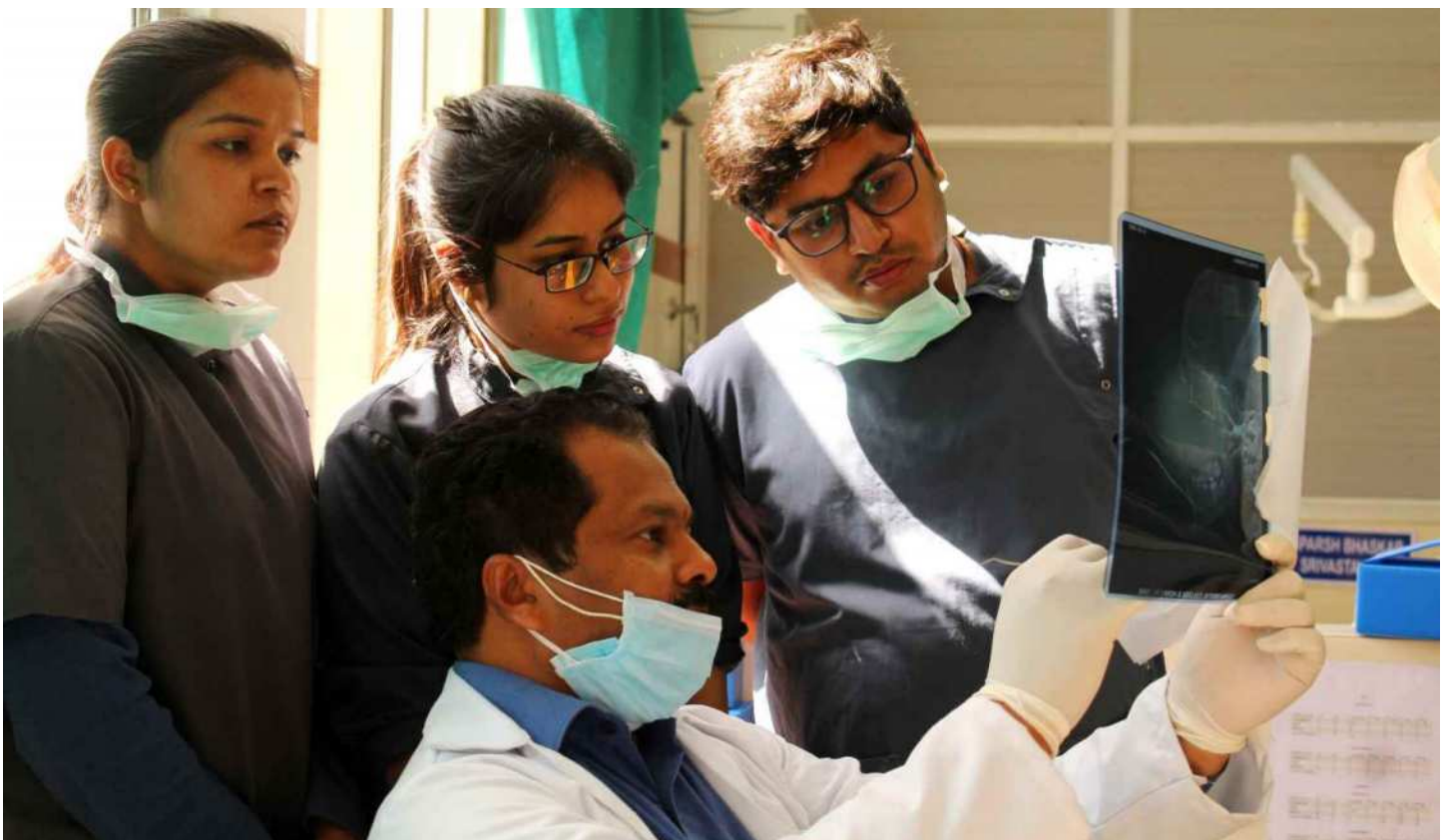
Orthodontics



Dr. P. Narayan Prasad
Professor & HoD
Orthodontics Department

Dr. Narayan Prasad did his BDS & MDS from SDM Dental College, Dharwad. Dr. Prasad has participated in many National conferences and PG conventions. He is a member of AAIO, has presented many papers & has many National publications to his credit. Dr. Prasad got the Best Paper Award in Feb 1998 from the World Congress of Orthodontics.

The department trains students in immaculate history taking, methodological examination of patient, performing diagnostic procedures and management of dentofacial deformities. Students fabricate orthodontic appliances by conducting intricate wire bending procedures. The department imparts orthodontic treatment to a large percentage of the local population and the students of SDCH by the latest fixed orthodontic techniques including McLaughlin, Bennett & Traversy technique. The department caters to cleft lip and palate rehabilitation by multi-disciplinary approach. Orthognathic surgeries, distraction osteogenesis, implants and lingual orthodontics are some of the special key interest areas of the department. The department regularly conducts extensive hands-on courses & continuing dental education programmes pertaining to the latest curriculum.



Oral Pathology



Dr. Jayadeva
Professor & HoD
Oral Pathology Department

Well qualified in the specialty of Oral pathology and microbiology and has got very good clinicopathological experience in diagnosing simple to more complex lesion of the head and neck region. Has got many national and international publications. Has been working in the post graduate dental colleges from beginning and hence has very well experience in managing undergraduate and post graduate students. He has been a post graduate guide also.

Well trained in the advanced diagnostic pathological techniques like immunohistochemistry, microbiological studies, diagnosis of very early stages of carcinomas etc. Has been an examiner for Gujarat university. Taken active participation in NAAC committee work and has been chairman for various subcommittees in NPDCH, Visnagar. Has worked in Board of Studies committee in Sankalchand Patel University. Has been chairperson for scientific paper presentation in Gujarat state dental conference. Has got experience in conducting CDE programs, conference and had also actively participated in Guinness world record program conducted by NPDCH, Visnagr for screening maximum number of patients.

Oral pathology is the discipline of pathology that deals with the nature, identification and management of diseases affecting the hard and soft tissues of the oral and maxillofacial regions. The department trains students to perform routine histopathological evaluations along with haematological, cytological, microbiological, immunological and ultra structural investigations. Students are trained in the science of histology and pathology of oral and maxillofacial region utilizing state-of-the-art digital microscopy and LCD projection system.



Departments

Pharmacology

Pharmacology is a science that deals with the assimilation, absorption, metabolism and excretion of drugs. The department imparts practical and clinical knowledge to students for choosing and use of drugs in order to achieve improved therapeutics. The department also undertakes various animal studies that can be extrapolated in the clinical settings helping in advancement of medical therapeutics.

General Pathology & Microbiology

Pathology is a bridging discipline involving both basic science and clinical practice and is devoted to the study of structural and functional changes in cells, tissues and organs that underlie the disease. The department is well equipped with various molecular, microbiologic, immunologic and morphologic techniques to explain, why and wherefores of the signs and symptoms manifested by the patient, thus providing a sound foundation for rational clinical care and therapy.

Community Dentistry

The department disseminates knowledge and concept of health, emphasizing on public health problems, preventive dentistry, nutrition and environmental aspects related to dental health. It highlights on research methodology, biostatistics and health informatics. Students are trained to conduct community dental health programmes, school based dental health education and preventive methods. The department extends clinical care to nearby rural areas, with established satellite clinics in various villages adopted by the Institute.



Departments

"Excellent learning atmosphere under the expert guidance of committed faculty. The sky scraping building with lush green lawns, ambience overpowered with the fragrance of red roses. One might become baffled by the image created; this is what Seema Dental College & Hospital is like".

Dr. PURNIMA GARG

Topper of Batch 2006,
Won the Best Paper Award
at 'PULSE-2011' held at
AIIMS, New Delhi

General Human Anatomy

Thorough knowledge of General Human Anatomy is inculcated in students with special emphasis on head and neck by means of cadaver dissection and detailed study of hard and soft tissues of the human body. The department boasts of an excellent museum with life sized models and charts.

Physiology and Biochemistry

Physiology is concerned with specific characteristics and mechanisms of human body that makes it a living being. The department trains students with a goal to explain the physical and chemical factors responsible for the origin, development and progression of life.

Biochemistry provides a sound knowledge of various biochemical reactions relevant to human system for life sustenance. The department has ample infrastructure and advanced equipment like a calorimeter, pH meter, centrifuge machines, magnetic stirrer with hot plate, hot air oven, serological thermostat water bath, incubators, electronic balances, water distillation units, etc. Various biochemical tests performed on blood and urine samples, collected from healthy and diseased individuals make the student understand how it contributes in diagnosis, prognosis and treatment of disease.



"Seema Dental College & Hospital provides best treatment to the poor, simultaneously spreading awareness among the rural population regarding the importance of dental hygiene".

Dr. SHASHANK UNIYAL

MDS Alumni 2011

Senior Lecturer

Department of Prosthodontics,
Seema Dental College & Hospital

General Medicine

A majority of medically compromised patients need oral health care; hence a working knowledge of the multitude of compromised conditions is essential for dental professionals. The curriculum during the third professional year of BDS includes training in general medicine. Students acquire knowledge and skills of analyzing findings from patient's history, signs and symptoms. Special emphasis is placed on assessment of cardiovascular, endocrine, metabolic, respiratory, renal diseases and blood dyscrasias.

General Surgery

In general surgery, students are familiarized with principles of general surgery and common general surgical procedures. Evaluation of patients for general anaesthetic techniques and management of emergencies along with intravenous sedation is taught.





Continuing Dental Education

"The institution is lead by a team of world-class highly qualified experienced doctors, who uphold the integrity of the college through their dedicated efforts".

Dr. SALONI KUMAR

Scored 10th Rank in
CMDPGEE Entrance Exam
2011. PG student of Oral
Medicine & Radiology

Dentistry is a constantly evolving field with many exciting changes and breakthroughs. As a student, you may find it hard to keep up with these advances but you may also end up feeling overwhelmed with the amount you need to learn.

CDE Programmes are especially designed to breakdown these international developments into easily digestible courses that augment your practice. Your patients will hear about the latest in international dentistry offered by you much before they pick up the buzz from the general market. Our faculty are regular speakers at international conferences and are much sought after for their knowledge and skills in dentistry. Each of our programmes are carefully put together by dental clinicians and surgeons who have years of experience. As a participant, you attend not just lectures but also get the opportunity to view live clinical and surgical demos and hands-on practice.



Inauguration of endodontic microsurgery operation theater by DCI PRESIDENT Dr Dibyendu Majumdar

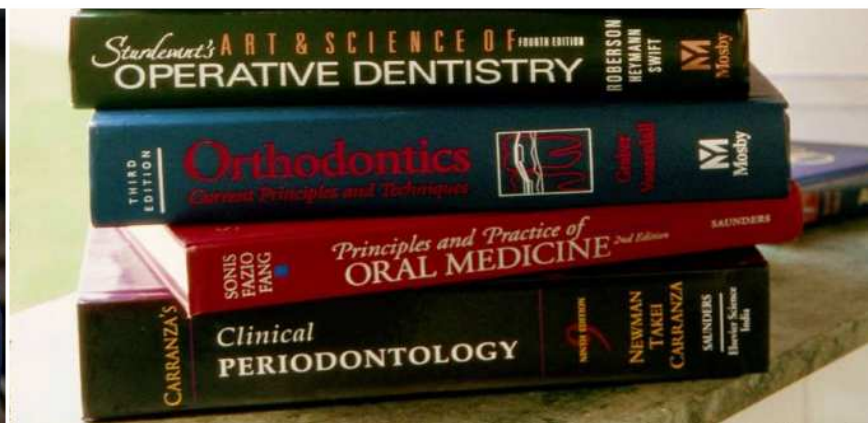


World Health Day



Pyrexia AIIMS Event 2019





"I feel immensely proud to be a part of the Pioneer Batch of SDCH way back in 2003, I still remember our Founder Sir's words at the time of our batch admission, "...from now on I have 100 more children". It really allayed my anxiety as a fresher & assured my parents as well. Indeed my college has been my Sweet Heaven here in Rishik-esh away from my home. Every festival, celebrated with great pomp & show with entire Seema family".

Dr. VIVEK GAURAV

Batch 2003

MDS Senior Lecturer

(Deptt. of Pedodontics) SDCH

The Library

The library fulfills all the norms laid down by the Dental Council of India. It is housed in the multi-storeyed administrative building. Brightly illuminated and comfortably furnished, the library contributes to the atmosphere required for concentrated study and for research work. The shelves are well stacked with books and journals from various national and international publishing houses. The library has been organised into separate reader services - namely, the main lending section, the text books section, the general reference section and a periodicals and journals section. The library also offers the use of Computers along with Internet services. A photostat machine room, a reading room with audio visual facilities, and an inter-departmental communication system makes our library one of the best equipped in the region.

Digital Backbone

Two hundred miles of computer cabling, gigabytes of data whizzing from one terminal to the other, and precise monitoring of all activities in the campus - that's what the computer backbone at SDCH controls. The entire campus has been wired to be capable of being digitally controlled from the Computer Command Center. This nerve centre controls everything from the telecommunication network to the management of patient data from the doctors' terminals. The digital backbone takes care of distribution of Internet access and the distribution & allocation of background music at various public areas across the hospital premises.



I am an old alumnus of SDCH and am proud to have the honour of being a student of the pioneer batch. I have seen the progress of SDCH from the very beginning and today it stands as an icon of Uttarakhand. The back-bone of any institution is faculty and infrastructure which I can say from my personal experience is one of the best at SDCH. Along with good education to the students it is serving the needs of the people particularly the hilly region. Being situated in Rishik-esh it attracts a lot of foreigner patients who enjoy their trip as a dental tourism and return to their country with utmost satisfaction.

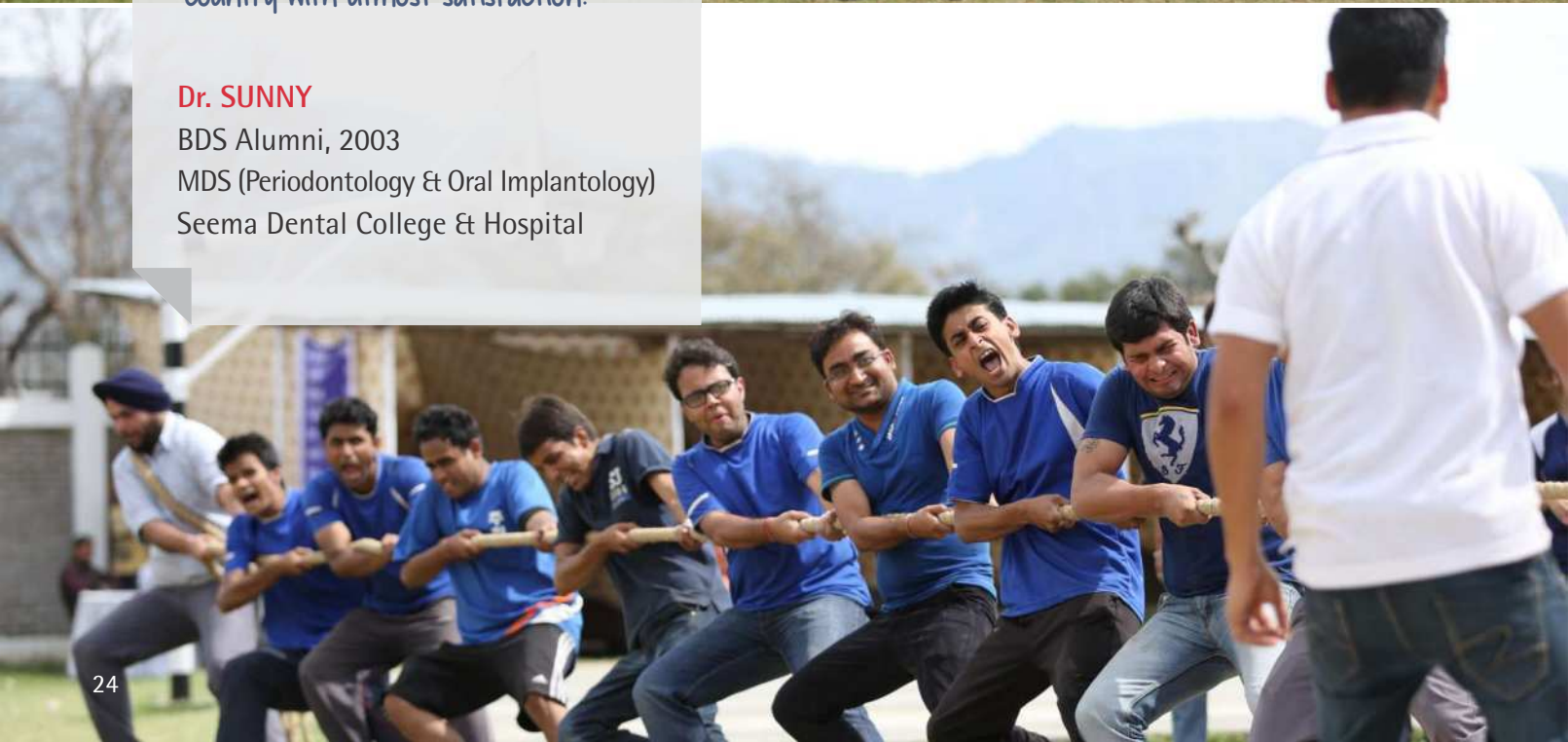


Dr. SUNNY

BDS Alumni, 2003

MDS (Periodontology & Oral Implantology)

Seema Dental College & Hospital



"At Seema Dental College & Hospital, the availability of a world class infrastructure along with the presence of a dedicated teaching faculty makes it all the more conducive for students to realize their true potential, and finally establish themselves in life".

Dr. ANANT JYOTI

MDS Alumni 2011

Senior Lecturer

Department of Orthodontics

The Presentation Hall

The Presentation Hall is in keeping with the futuristic ambience of the Institute. To groom the students in the use of latest methods in presentation techniques, an LCD projector has been provided so that they may become proficient in the use of new technologies and also learn the art of making high impact presentations.

The Classrooms

Our Classrooms are air-conditioned to ensure comfortable and clean atmosphere, and in turn facilitate the learning experience. In addition to this, all the lecture halls are fitted with state-of-the-art audio facilities like hi-fidelity sound systems for effective delivery of lectures. Further, they are equipped with Internet ready computers for efficient communication - an indispensable factor in today's world.

The Student Hostels

Thoroughly modern and air-conditioned separate hostels for boys and girls offer single and twin sharing accommodation. Each room is equipped with a telephone and a computer with provision of an Internet connection. The flooring in each room is white marble and there are attached toilets with 24 hour supply of hot and cold water.



The College



Facilities

Sports & Extra Curricular Activities

AC deluxe buses take students for outdoor excursions to Mussoorie - the Queen of Hills, Auli, Chilla, Rajaji National Park, Badrinath, Kedarnath, Yamnotri, Gangotri and Valley of Flowers besides Rafting during term break and other outings. Sporting activities like court games & swimming are particularly encouraged in keeping with the College policy of all-round student development.

Hospital

Seema Dental College is attached with 150 bedded General Government Hospital for giving live demo on patients to BDS students studying general medicine & general surgery.

Swimming Pool

An Olympic standard indoor swimming pool is provided as recreational facility.

Health Club

A modern gymnasium and health club with latest health equipment and facilities for indoor &

outdoor games is available for students.

Student's Mess and Cafeteria

The menu planning at the mess takes particular care of nutritive value of the food being served under the guidance of a dietician. There is a cafeteria and tuck shop retailing ready to eat, hygienic and nutritious food.

Communications

A 5,000 lines Siemens Telephone Exchange with ISDN & Broadband facilities provided by the Telecom Department, BSNL is the highlight of the College.

Students' Updates

Parents will be provided full information of their ward regarding attendance, marks sheet etc. on request.

Banking Facilities

Punjab National Bank ATM facility is available at the college doorstep.

The College



I started my educational journey at SDCH as a first batch where I built my foundation of dentistry. I miss the beautiful infrastructure, lush green campus and the new and crisp facilities. Missing is not a bad thing; it shows that although I left this place and moved on to other things, yet I will always remember the people and the community which made such a great impact on my life. The experiences I had at SDCH were endless; the academic rigour was mind boggling - and everyday spent there, something new was learned. This college has the greatest faculty with the widest range of personalities. Also, they value diversity in their students and educating their students on the value of other people and their backgrounds. Through this strong foundation, a great GPA and great teachings, I was able to come and succeed here in USA at University of Illinois Chicago, College of Dentistry. I will always remember where I came from and will cherish the memories I made at SDCH. To all the newcomers reading this, it won't feel like any time has passed at all till you realize you are wearing your white coats.

FARAH TALIB

Batch 2003 BDS Alumni

DMD - UIC, College of Dentistry, Chicago USA

Facilities

Picture Perfect Professionalism

The Institute is run by highly skilled professionals. The prime concern is to institutionalise a well-defined and structured academic curriculum. Perfection and excellence in teaching and practical training will be our chief focus. The student teacher ratio is small in number so as to encourage personalized supervision and effective monitoring of the students' performance. Tutorials shall be non-optional where the students will be provided a platform to discuss in detail their queries and apprehensions. The course module permits extensive self-learning beyond the curriculum, so that the students attain self-confidence in manifold ways.

Computer & Internet Facility

Provision for computer and Internet facility is provided in hostel rooms besides teaching places so that the students can explore the subjects with latest updates.

Other Basic Amenities

Continuous backup supply of electricity through two 380 KVA sound proof generators and non-stop flow of clean water by two separate underground water bores.

Camping



Rafting



Safari



Location



Rishikesh

A Vibrant City

Rishikesh is the spiritual capital of the country. Thousands from all over the world throng to this place in search of their inner self. There are hundreds of temples, ashrams and sadhna centres here.

Yatras to four major pilgrimage centres begin here – Badrinath, Kedarnath, Yamunotri and Gangotri. Rishikesh is also famous for its adventure activities worldwide. It offers plenty of opportunities to the adventure seeker for activities like Snow Skiing (at Auli), White Water Rafting, Kayaking and Canoeing (on the Ganges) Trekking and Hiking, Water Skiing (at Assan Barrage), Wildlife Safaris and Bird Watching (Rajaji National Park) and scores of other activities that promise to keep your adrenalin flowing

throughout your stay here. Rishikesh is a city of character, vision and energy, with a welcoming and friendly atmosphere. Rishikesh is a modern city, with a history stretching back to the times of the Ramayana. This place provides a first class environment in which to live and study. It combines the practical advantages of a small, friendly, inexpensive city with the cultural and recreational amenities of a successful and modern city. It enjoys a quality of life that is of the highest standards.

First Class Road, Rail and Air Links

Rishikesh is an extremely accessible city, benefitting from excellent road, rail and air transportation. The nearest rail heads are at Haridwar (23 km) and Dehra Dun (42 km) and the nearest airport is at Jolly Grant (22 km).



BDS (BACHELOR OF DENTAL SURGERY)

Four Year Full Time Programme + One Year Internship

Affiliated to Hemwati Nandan Bahuguna Garhwal University, Srinagar (Garhwal)

Eligibility and Selection Criteria

The selection of a candidate to Seema Dental College & Hospital shall be on merit basis after qualifying the NEET examination. After NEET result is out, Uttarakhand Government will conduct online counselling for admission to BDS. You can keep yourself updated about the counselling schedule on their website:

<http://www.hnbumu.ac.in/>

Instructions

- ❖ No refund of fee is provisioned for on withdrawal/ cancellation of admission.
- ❖ The admission shall be considered cancelled if the student doesn't report to the College within the prescribed time.
- ❖ At the time of admission, the selected candidate has to fill an admission form and will be provided an instruction manual which is to be strictly followed during the stay at the college campus and during the entire course.
- ❖ In case the candidate fails to submit the required documents, admission shall be treated as cancelled and no request for refund of fees shall be entertained.
- ❖ The decision of the Principal of Seema Dental College will be final and binding.

Payment of Fee

1. Tuition Fee as per directive received from Govt. of India / Govt.

of Uttarakhand. College Fee as prescribed.

2. Examination Fee as prescribed. Enrolment Fee as prescribed.
3. Fee from Failed Students: An extra fee will be charged per attempt per subject. The additional attempts may be due to detention, wilful absence or failure in any professional examination.

All the fees are to be submitted at the time of admission. The fees for the next session should be deposited before the commencement of Professional Examination i.e. by 31st of July. Fee once paid shall not be refunded.

Uniform

The dress code for boys and girls as prescribed is to be strictly followed.

Summers

Both for boys and girls Grey trousers, blue striped shirt, black shoes & grey socks.

Winters

In addition to the above, Blue blazer with the College crest. Grey sweater and White full sleeves apron.

BDS Batch-2019 FEE STRUCTURE (Without Scholarship)					
Particulars	Year-1	Year-2	Year-3	Year-4	Total
Tuition Fee	215,000	215,000	215,000	215,000	860,000
Refundable Security	50,000	-	-	-	50,000
Yearly Course Fee (Without Hostel & Mess)	265,000	215,000	215,000	215,000	910,000
Hostel (Double Sharing)	90,000	90,000	90,000	90,000	360,000
Mess	80,000	80,000	80,000	80,000	320,000
Yearly Fee (Hostel & Mess)	170,000	170,000	170,000	170,000	680,000
Yearly Course Fee (With Hostel & Mess)	435,000	385,000	385,000	385,000	1,590,000
NOTE: (Course Duration 4 Years +1 Year Internship) Hostel Room Facilities includes Twin Room Sharing with 1 Bed without mattress, 1 Table, 1 Chair & 1 Cupboard only per student.					

MDS (MASTER OF DENTAL SURGERY)

Three Year Full Time Programme

Affiliated to Hemwati Nandan Bahuguna Garhwal University, Srinagar (Garhwal)

MDS Conservative & Endodontics	Five Seats
MDS Prosthodontics	Five Seats
MDS Orthodontics	Five Seats
MDS Oral Medicine & Radiology	Three Seats
MDS Periodontics	Three Seats
MDS Pedodontics	Three Seats

Eligibility

Citizenship: Indian nationals can apply under the General Category. Foreign nationals or Non-Resident Indians or Indian nationals supported by NRI relatives can apply under the Foreign/NRI Category.

To qualify under the NRI Category, the candidate must be an NRI or supported by either Parents or Brothers or Sisters or Spouse having an NRI status. (Note: Candidates supported by cousin brother/sister, uncle, aunt, brother/sister-in-law or any other person will not be accepted.)

Admission Procedure

There is no direct admission. The candidate has to appear and qualify in the National Eligibility cum Entrance Test for PG (NEET-PG). All the 24 seats under State Quota and Management Quota will be filled in by the counselling which will be conducted by State Government only. Those who qualified the NEET-PG test may send their scorecard to us through email so that we can

intimate them about counselling dates.

Qualification

Pass in BDS degree or an equivalent degree recognized by the Dental Council of India.

Internship

Candidates completing their compulsory rotating internship on or before 31st March, 2020 are eligible.

Note: Candidates completing internship after 31st March, 2020 are not eligible for admission in this academic year.

Council's Registration

Candidates should have obtained permanent registration with the Dental Council of India or any of the State Dental Council or should obtain the same within one month from the date of admission.

MDS Fee Structure for New Session 2020-21						
Department Name →	Conservative & Endodontics	Orthodontics	Prosthodontics	Pedodontics	Periodontics	Oral Medicine & Radiology
Charges @ Year↓	1	2	3	4	5	6
Tuition Fee approved by State Govt.	₹ 7,09,000	₹ 7,09,000	₹ 7,09,000	₹ 7,09,000	₹ 7,09,000	₹ 7,09,000
Fee Waiver @ year by The College	₹ 0	₹ 0	₹ 83,333	₹ 1,59,000	₹ 2,09,000	₹ 3,59,000
Net Tuition Fee @ year After Waiver	₹ 7,09,000	₹ 7,09,000	₹ 6,25,667	₹ 5,50,000	₹ 5,00,000	₹ 3,50,000
MDS Stipend @ Month	₹ 4,000	₹ 4,000	₹ 4,000	₹ 4,000	₹ 4,000	₹ 4,000
Additional Waiver Over and Above Course Fee						
for SDCH Passout Student Only @ year	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000
500 or More Marks Scholarship @ year	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000	₹ 25,000
Optional: Hostel & Mess						
Hostel & Mess Per Year	₹ 1,70,000					
NOTE:- Hostel Expenses includes Single Occupancy room with attached washroom, 1 Bed without Matress. 1 Table. 1 Chair & 1 Cupboard only.						



SDCH organized an Exhibition and Painting Competition on Oral Cancer Awareness and Rehabilitation Programme



Over 600 participants joined in Runaway Cancer Marathon organized under the Oral Cancer Awareness and Rehabilitation Programme



Our Salient Features



Award of Excellence from Shri Trivendra Singh Rawat Hon'ble Chief Minister Uttarakhand, for Outstanding work in the field of Oral & Dental Healthcare by SDCH.

- Highly qualified and experienced doctors available round the clock for medical emergencies of students.
- Hostels with each room having attached toilets (to prevent infection), having round the clock water supply. The complete world in each room, as each room has provision of computer, air-conditioner & Internet facility (optional).
- The College with erudite faculty, computerised library and ultra-modern instruments, is the best in the world. The dental chairs, X-ray machines are all imported.
- 100% spacious and most modern living accommodation for staff members.
- Computer, telephone and Internet facility for interactive studies in the library and lecture halls.
- Continuous backup supply of electricity through two 380 KVA sound proof generators and non-stop flow of clean water.
- Standard indoor swimming pool as recreational facility.
- The entire admin building is centrally air-conditioned by Hitachi, Japan and most advanced OTIS lifts in hostel and main building.
- A modern gymnasium and health club with latest health equipment and facilities for indoor games are available.
- Shopping complex with nationalised, computerised bank having ATM and locker facility.
- Facility for air and rail reservation.
- AC deluxe buses for outdoor excursions to Mussoorie - the Queen of Hills, Badrinath, Kedarnath, Yamnotri, Gangotri and Valley of Flowers during terms break and other outings.
- Own 5,000 lines telephone exchange (Siemens-Germany) with ISDN-PRI line, broadband, facilities provided by the Telecom Department, Government of INDIA.
- Apart from academic stress on all round personality development, lectures from international professionals on Art of Living, Hospital Management and Marketing skills (how one can run his clinic effectively with the best treatment), etc. are conducted in the College from time to time.
- Full Campus under CCTV surveillance.

Extra Curricular Activities

Student Empowerment & Communication Skills Programme

Seema Dental College & hospital in collaboration with British School of Languages organized this programme and demonstrated various interactive exercises along with the students of BDS I,II,III and IV years in two days program.



Deengاون & Harsil Camp

Seema Dental College & Hospital & THDC Sewa Rishikesh organised A two day Denture & Dental Treatment Camp in the remote uphill area at the height of 6,500 feet at Deengاون Distt Tehri Garhwal, Uttarakhand



Awards & Recognition



Award by Hon'ble Vice President of India for Excellent Community Dental Services



Seema Dental College & Hospital Rishikesh has been awarded as "Best Dental College Of The Year." received the prestigious Award By Shri Anurag Singh Thakur Hon'ble Minister of State for Finance & Corporate Affairs Government Of India



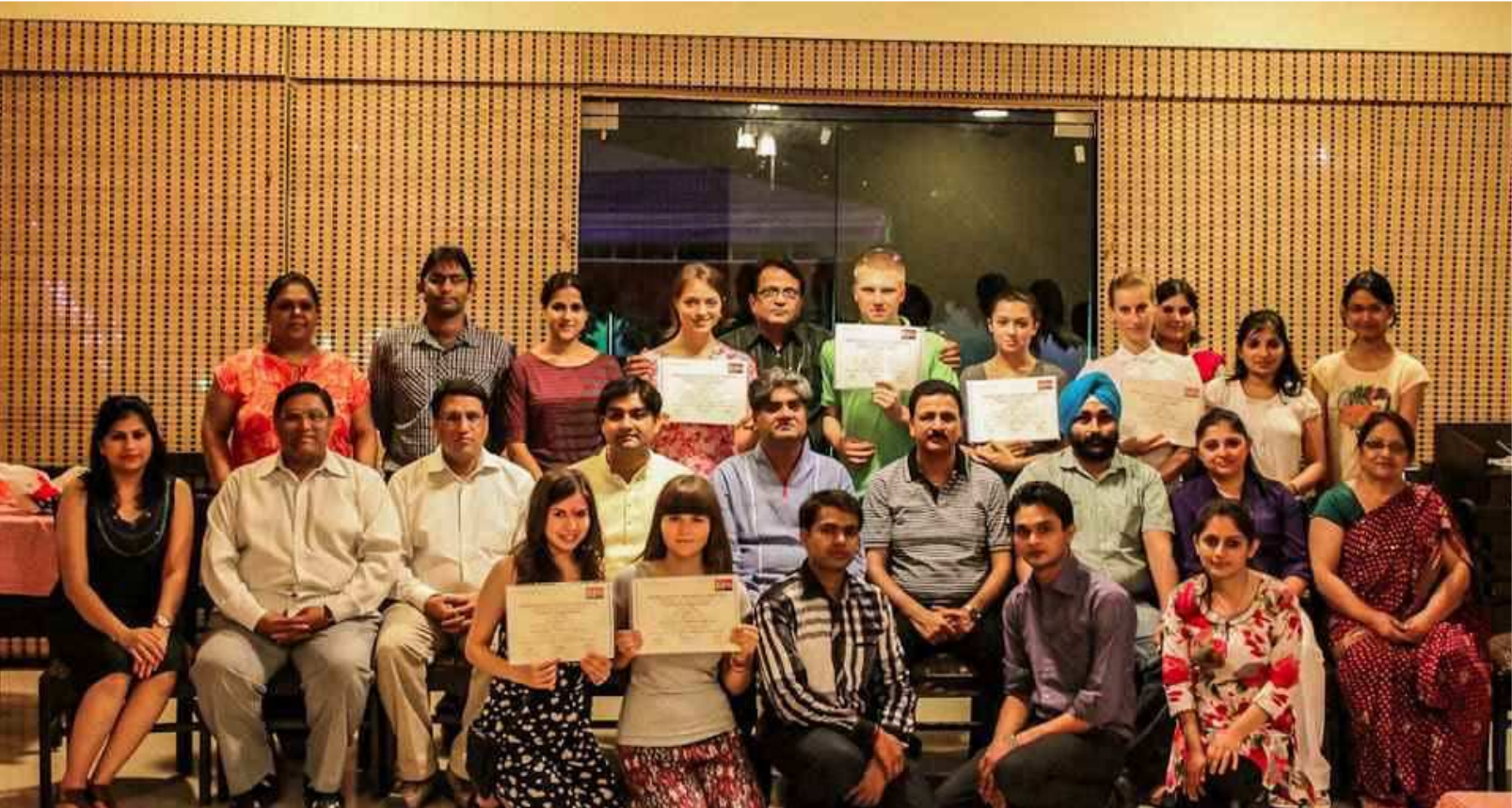
HimRatna Award by Hon'ble Governor of Uttarakhand



Free Denture Camp inaugurated by Mr Harish Rawat, Chief Minister of Uttarakhand

Extra Curricular Activities





Student/ Teacher Exchange Programmes

Seema Dental College & Hospital recognises the importance of expanding and disseminating knowledge which directs advances in Oral Health and Oral Health Education. It actively seeks to promote the scholarship activities of its students & faculty and encourage their development as scholars in dental education technologies. The Institute is committed to organise value based Student/Teacher Exchange Programmes to broaden the scope of their individual capabilities in the field of education and patient care. Recently the Institute has joined hands with Dental Student Welfare Association of India to promote Student Exchange Programmes under which Radovan Zizka from the Czech Republic attended the College for 10 days.

How to Reach Us?

Transport & Communication

Rishikesh is well connected by road, rail and air with rest of India. It is only 24 km from the holy city of Haridwar. You can come by all major trains to Haridwar. From Haridwar local bus, tempo and taxi service is easily available around the clock and it takes approximately 30 minutes to reach Rishikesh. Taxi service is available from New Delhi railway station (Ajmeri Gate) direct for Rishikesh. If coming by air from New Delhi, you are advised to take AC/ Non AC taxi from the airport itself. Direct buses are available from the Inter State Bus Terminal (ISBT), New Delhi.

Air: The nearest airport is Dehra Dun (Jolly Grant), 18 km from SDCH Rishikesh. Daily flights are available from New Delhi to Jolly Grant), and back.

Rail: Rishikesh is connected by rail via Haridwar (24 km), to Howrah, Mumbai, Delhi, Lucknow, Varanasi, Dehra Dun and other cities.

Road: Rishikesh to Haridwar 24 km, Dehra Dun 47 km, Mussoorie 77 km, Badrinath 301 km (Son Prayag), Kedarnath 228 km, Gangotri 258 km, Yamunotri 288 km (Hanuman Chatti), Srinagar 105 km & Joshimath 252 kms.

Bus Services: Haridwar is connected by bus to New Delhi, Agra, Chandigarh, Dehra Dun, Kullu, Manali, Shimla, Rishikesh etc.



Learning with a Difference

Seema Dental College & Hospital

Virbhadra Road, Rishikesh - 249 203

Mobile +91-98370 87627

Phone +91-135-245 3465 (10 Lines)

FAX +91-135-2453743

E-mail sdchquery@gmail.com

Web www.seemadentalcollege.org

Timings - 8 am to 4 pm (Sunday Closed)

Seema Dental College & Hospital is a Centre for Excellence in the field of academics, where our dedicated & devoted faculty enhances the positive attributes of students and emphasize on their overall development. An amalgamation of education, moral values, serenity and brotherhood ensures the metamorphosis of a student into an outstanding Doctor and a good human being.

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Anti-Ragging Undertaking/Affidavit

As per direction of Dental Council of India (DCI), Delhi vide letter No. DE-167(Anti Ragging Cell)-2021/3082-M dated 26/11/2021, every student along with his/her parents/Guardians have to give online Anti-Ragging Undertaking through website www.ANTIRAGGING.in or www.AMANMOVEMENT.org. After online submission of undertaking, the student will provide the Anti-Ragging Undertaking Reference No. in his/her admission form.

How to Fill Online Anti-Ragging Undertaking/Affidavit?

It is a simple procedure comprising 3 steps-

Step 1: Log on to www.ANTIRAGGING.in or www.AMANMOVEMENT.org and click on the button called– Fill Your Anti-ragging Undertaking. Then the student will submit his/her details on the www.antiragging.in or www.amanmovement.org and confirm that he/she & his/her parents/Guardians have read and understood the regulations on curbing the menace of ragging. He/She will confirm and agree that he/she will not engage in ragging in any form.

Step 2: On successful completion of Step 1, the student will receive an **Email with his/her Anti-Ragging Undertaking Registration Number and a web link**. The student will forward that link on the E mail ID of the Nodal officer of Anti-Ragging Dr. P. Narayana Prasad (**Mobile No.: 9810042854, Email ID: sdchquery@gmail.com**).

Note: The student will not receive the pdf affidavits and he/she is not required to print and sign it.

Step 3: The student will provide the **Anti-Ragging Undertaking Reference No. in his/her admission form** as per the given format:

Anti-Ragging Undertaking Reference No.:	<input type="text"/>
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